

## Nikole Babcock

nikole.babcock@uconn.edu  
ORCID: 0000-0001-9887-239X

### Education

2023- Current PhD, Human Development & Family Sciences, University of Connecticut (UConn)

Major Advisor: Dr. Lisa Eaton

2022 **B.A., Psychology**, California State University, Monterey Bay (CSUMB)

Undergraduate Advisor: Dr. Shannon Snapp

Cumulative GPA: 3.88

2020 **AA-T, Psychology**, Cabrillo College

GPA: 3.803

### Research Interests

LGBTQ+ youth and adult health disparities (i.e., drug & alcohol use, HIV, and mental health), romantic relationships, intimacy, and resilience. The relationship between minority stress, intimacy, and relationship satisfaction.

### Publications

#### Peer Reviewed Articles

**Babcock, N.** (2022) Undergraduates and sexual wellness: How do undergrads advocate for their sexual well-being? *Culture, Society, and Praxis*, 14(1).  
<https://digitalcommons.csUMB.edu/csp/vol14/iss1/4/>

**Babcock, N & Snapp, S.D.** (2022) Hookups can be purposeful, positive, and safe for LGBTQ+ young adults. *Spark Magazine: LGBTQIA2+ Health Justice: Centering Flourishing, Resistance, and Care*. <https://medium.com/national-center-for-institutional-diversity/hookups-can-be-purposeful-positive-and-safe-for-lgbtq-young-adults-6347a62a68d5>

Zarate, J. & **Babcock, N.** (In Press). "I have been carrying this letter around with me like a talisman": A case story of narrative therapy with a transgender client. *Journal of Systemic Therapies*.

#### Manuscripts In Revision

**Babcock, N.**, Zarate, J., Wang, S., Snapp, S & Watson, R.J. (Invitation to revise and resubmit). How LGBTQ+ young adults navigate personal risk in app-based hookups: The safety spectrum theory. *Archives of Sexual Behavior*.

#### Manuscripts in Preparation

Day, K., Snapp, S.D., Russell, S.T., & **Babcock, N.** Less biased-based bullying in schools with stronger structural supports.

McCauley, P.S., Lessard, L., **Babcock, N.**, Sun, N., & Watson, R.J. (To be submitted to

Journal of Youth and Adolescence).

Snapp, S.D., Day, K., Russell, S.T., Zarate, J. & **Babcock, N.** Teacher's perspectives on addressing bias related to school discipline. (To be submitted to *Educational Research*).

## Research Positions

Fall 2023- Current **Research Assistantship**, InCHIP, UConn

*Principal Investigator:* Lisa Eaton, PhD.

Spark Study: participant recruitment, consenting, and additional collaborative tasks.

Relevant skills: Recruitment.

Fall 2023- Current **Research Assistantship**, SHINE Lab, UConn

*Co-Principal Investigators:* Lisa Eaton, PhD & Ryan J. Watson, PhD.

Collaborate on projects related to sexual and gender diverse youth and emerging adult populations.

Relevant skills: Academic writing.

Spring 2021- Fall 2022 **Undergraduate Research Assistant**, SYPP Lab, CSUMB

*Principal Investigator:* Shannon Snapp, PhD.

Participated in six research projects with themes such as bias, sexuality, curriculum, and disproportionate discipline focused on marginalized youth and young adult populations (e.g. BIPOC, LGBTQ+).

Relevant skills: Qualitative coding, transcription, conducted interviews, assisted in the creation of IRB protocols, academic writing, and professional dissemination.

Summer 2021 **Undergraduate Research Assistant:** CSUMB

*Principal Investigator:* David Reichard, PhD.

Created academic essays for a digital historical archive.

Relevant skills: Archival research, qualitative coding, academic writing, and public dissemination.

**Software and Computer Programs:** NVivo 20, SPSS, Google Drive Programs, and Microsoft Office Programs.

## Clinical Experience

05/05/22- 06/21/22 *Clinical Internship*, Haven of Hope, Aptos, CA

Short-term clinical internship in a specialized intensive residential treatment and care facility. Facility serves non-violent foster youth ages 14-17.

- Crisis intervention.
- Facilitate mental, physical, and emotional health check-ins for clients.
- Mentorship of adolescent foster care youth.

## Funding and Scholarships

2022 Graduate Studies and Research, CSUMB

- **\$1,000** (*Awarded November 2022*)

2022 Ford Foundation Pre-Doctoral Fellowship

- **\$81,000** (*Not Awarded, Honorable Mention*)

2022 NSF Graduate Research Fellowship Program (GRFP)

- **\$147,000** (*Not Awarded*)

2022-2023 CSU Sally Casanova Pre-Doctoral Scholarship

- **\$3,000** (*Awarded July 2022*)

Spring 21- Current Undergraduate Research Opportunities Center (UROC) Scholar

- **\$9,000** (*Awarded Department of Education grant SP 21- FA 22*)

## Presentations

### Oral Presentations

**Babcock, N.** (November 2022). *How LGBTQ+ young adults navigate personal risk in app based hookups: The safety spectrum theory*. Invited talk at the Annual Research, Scholarship, & Creative Activities Celebration (RSCA). California State University, Monterey Bay, Seaside, CA.

**Babcock, N.** (August 2022) *A systemic endemic: The harmful impacts of anti-LGBTQ+ legislation in education systems*. Selected for an oral presentation session at the Summer Showcase, California State University, Monterey Bay, Seaside, CA.

**Babcock, N.** (August 2021) *Monterey County LGBTQ+ historical archive*. Summer Showcase, California State University, Monterey Bay, Seaside, CA.

### Posters

**Babcock, N., Wang, S., Zarate, J., Snapp, S., & Watson, R.J.** (April 2022). *A theory of safety spectrum: How LGBTQ+ young adults navigate personal risk in app-based hookups*. Spring Showcase, California State University, Monterey Bay, Monterey, CA.

**Babcock, N., Wang, S., Zarate, J., Snapp, S., & Watson, R.J.** (March 2022). *A theory of safety spectrum: How LGBTQ+ young adults navigate personal risk in app-based hookups*. Special poster presentation at Society for Research on Adolescence (SRA) Biennial Meeting, New Orleans, LA.

## Workshops

Oct. 2022 “Demystifying Undergraduate Research: Psychology and Grad School”, CSUMB  
Description: Created and facilitated workshop geared at psychology undergraduate students that covered topics such as undergraduate research, scholarships, graduate institutions and programs, securing letters of recommendation, and UROC opportunities.

Sep. 2022 “Demystifying Research Within an HSI”, CSUMB

Description: Created a presentation that discussed undergraduate research and imposter

syndrome within a Hispanic Serving Institution (HSI), and how to overcome those feelings of inadequacy.

Aug. 2022 “Demystifying Research and Scholarship”, CSUMB

Description: Facilitated both in-person and online workshops for 200+ newly matriculated freshman and transfer students from various disciplines that introduced basics of research, discussed undergraduate research opportunities, personal and academic benefits, and introduced fellowship and scholarship opportunities.

May 2022 “Imposter Syndrome, Mental Health, and Graduate School”, CSUMB Description: Created and facilitated fish-bowl style workshop discussing mental health practices, combating imposter syndrome, and setting intentions/ goals for upcoming graduate school application cycle.

Apr. 2022 “Demystifying Publishing as an Undergraduate”, CSUMB

Description: Co-created and facilitated workshop for *Undergraduate Research Week* discussing publishing, track-changes, academic journal submissions, and how to work through conflict within a lab setting.

Feb. 2022 “Imposter Syndrome and Mental Health”, CSUMB

Description: Co-created and facilitated workshop discussing how mental health and imposter syndrome intersect.

Oct. 2021 “LGBTQ+ in Academia”, CSUMB

Description: Facilitated a student led discussion exploring LGBTQ+ student experiences within academia.

Sep. 2021 “Demystifying Research Within a HSI”, CSUMB

Description: Created a presentation that discussed undergraduate research and imposter syndrome within a Hispanic Serving Institution (HSI), and how to overcome those feelings of inadequacy.

July 2021 “Connected in Pride 2.0”, Monterey County Community Event Description:

Presented a preview of Monterey County’s LGBTQ Archival Project and communicated research findings to Connected in Pride 2.0 participants.

Apr. 2021 “Ethics in Research and Practice”, CSUMB

Description: Facilitated a workshop focused on ethics within the discipline of psychology during Undergraduate Research Week (URW).

## Teaching and Mentorship

Fall 2023 Teaching Assistantship, UConn: HDFS 1060 Close Relationships Across Lifespan

- Provide graded feedback.
- Hold office hours and provide tutoring support as needed.
- Guest lecturer.

Spring 2023 *Writing Fellow*, UROC, CSUMB

- Created and facilitated writing groups.

- Assisted students in graduate school and research preparation.
- Provided feedback and provided support in the development of personal statements, CVs, professional written communication, and dissemination.
- Guided and supported peer feedback.

Fall 2022 *Private Tutor*, College Statistics and Writing Tutor, San Jose, CA

- Created lesson plans and test preparation.
- Reviewed essays and research papers with college students.
- Taught basic statistics and writing fundamentals.

Spring 2021 *Peer Mentor*, Otter Collective, CSUMB

- Guided and supported a diverse group of mentees while they navigate their first semester at CSUMB.

## Leadership and Service

Fall 2022 Volunteer, *Amplify Podcast*, CSUMB & Cabrillo College

Created and developed original podcast episode that discussed non-traditional college student experience with research, academics, and finding a sense of community.

2021- Current *Ambassador*, UROC, CSUMB

Student ambassadorship that includes student outreach, peer mentorship, peer-led community events, and new/ transfer student orientations. Create, present, and facilitate workshops and presentations.

2022 *Volunteer*, Jacob's Heart, Watsonville, CA

Created and designed cards and shopping bags, "Art from the Heart", for families at Jacob's Heart.

2021 *Volunteer*, College Statistics Tutor, San Jose, CA

Teach basic statistics fundamentals. Create lesson plans and test preparation.

## Honors and Awards

Fall 2022 Travel Awardee, The Love Consortium, Durham, North Carolina

Spring 2022 Sally Casanova Pre-Doctoral Scholar

Fall 2020- Current Dean's List

Fall 2020- Current UROC Scholar, CSUMB

Spring 2020 High Honors, Cabrillo College

## Membership

2022- Current **Society for Research in Child Development (SRCD)**

2022- Current **Sexual Orientation and Gender Identity Expression (SOGIE) Caucus**

2022- Current **Society for Research on Adolescence (SRA)**

2021- Current **Psi Chi: International Psychology Honor Society**

2021- Current **Tau Sigma National Honor Society**

## Certifications

- CITI Certified: Social and Behavioral Human Subjects Research
- CITI Certified: GCP – Social and Behavioral Research Best Practices for Clinical Research
- Trained Mentor: Mentor Collective
- QPR Suicide Prevention Training
- CPR and First Aid (adult, child, and infant)
- Relias Training (behavioral health)

## References

**Lisa Eaton** (860) 486 6024 [lisa.eaton@uconn.edu](mailto:lisa.eaton@uconn.edu)  
Associate Professor with Tenure  
Department of Human Development and Family Sciences  
University of Connecticut

**Shannon Snapp** (831) 582- 3429 [ssnapp@csumb.edu](mailto:ssnapp@csumb.edu)  
Associate Professor  
Department of Psychology  
California State University, Monterey Bay

**Ryan J. Watson** (860) 486-1659 [ryan.j.watson@uconn.edu](mailto:ryan.j.watson@uconn.edu)  
Associate Professor  
Department of Human Development and Family Sciences  
University of Connecticut

**Renee Penalver** (831) 582-4373 [rpenalver@csumb.edu](mailto:rpenalver@csumb.edu)  
Assistant Professor  
Department of Psychology  
California State University, Monterey Bay