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Human Development and Family Sciences
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RESEARCH INTERESTS

My principal research focus is **fathering/parenting**, particularly the ways in which parenting roles are negotiated across gender, diverse contexts, and transitions (e.g., divorce, transition to parenthood). My second research emphasis is **family theory**, concentrated on identity theory and the process of theorizing. My third area of scholarly expertise is **couple relationships** and the factors that affect couple processes and outcomes, particularly marital/relationship stability.

EDUCATION

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| 2006 | Ph.D. | University of North Carolina at Greensboro, Greensboro, North Carolina
Human Development and Family Studies
Dissertation: <i>The Effect of Congruence of Mothers' and Fathers' Beliefs Regarding Fathering Roles on Father Involvement</i> |
| 2002 | M.S. | University of North Carolina at Greensboro, Greensboro, North Carolina
Human Development and Family Studies
Thesis: <i>Father Identity, Father Involvement, and Coparental Quality: Keeping Fathers Involved in the Family</i> |
| 1996 | B.A. | College of William and Mary, Williamsburg, VA
Psychology |

PROFESSIONAL EXPERIENCE

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| 2014 – present | Associate Professor, Human Development and Family Sciences (HDFS)
University of Connecticut, Storrs, CT |
| 2018 – present | Core faculty member and research faculty affiliate, Center for Applied Research in Human Development
University of Connecticut, Storrs, CT
Collaborate with the Center director and one other core faculty member to guide and implement the mission, direction, and research of the Center |
| 2015–2020 | Associate Department Head for Undergraduate Studies (HDFS)
University of Connecticut, Storrs, CT |

- Coordinate undergraduate program in Human Development and Family Studies
- Serve as departmental representative to School Courses and Curricula committee
- Coordinate scheduling and staffing of all undergraduate classes during the academic year at Storrs campus; attend annual CLAS budget and staffing plan meetings
- Coordinate scheduling and staffing of undergraduate classes at all five UConn campuses for intersessions (summer/winter)
- Supervise graduate student instructors of record for undergraduate courses
- First level of review of undergraduate student grievances against faculty

2012-2020 **Director of the HDFS Undergraduate Honors Program**, University of Connecticut, *Storrs, CT*

- Advise all HDFS students enrolled in the University Honors program
- Teach all HDFS honors seminar courses
- Recruit honors students from both Storrs and the 4 regional campuses
- Mentor honor students through the 2-year honors thesis process.

2010-2012,
2019-2022 **Faculty PI, University of Connecticut Parenting Education Program**
State-certified provider of mandated divorce education curriculum, offered at five sites across CT

- Train and supervise all program facilitators, student workers, and program manager
- Coordinate registration and enrollment of parents
- Engage in training from the State Judicial Branch
- Compile participation and evaluation statistics and report to the state
- Coordinate budget and payroll with department administrators
- Submit proposals for renewal of state contract to retain certified status

2010-2018 **State Coordinator of the American Psychological Association (APA) ACT (Adults and Children Together) Raising Safe Kids program**

Anti-violence evidence-based parenting education program implemented internationally

- Coordinate and facilitate parent education groups using the ACT curriculum
- Train and certify facilitators in the use of the ACT curriculum
- Engage in national and regional leadership and training seminars
- Engage in advocacy around the issue of violence prevention and promoting safe environments for children and families

2007-2014 **Assistant Professor, Human Development and Family Studies (HDFS)**
University of Connecticut, *Storrs, CT*

- 2006-07 **Post-doctoral Fellow, Center for Youth, Family, and Community Partnerships**, University of North Carolina Greensboro (UNCG), *Greensboro, NC*
- Coordinate basic and applied research efforts across the university and community agencies.
 - Assist in preparation and submission of grant proposals.
 - Create and co-instruct a year-long certification course for Head Start/Early Head Start teachers and teaching assistants.
 - Trained and certified on CLASS (observational coding scheme for evaluating classroom quality) and coordinated a team of agency and university educational facilitators to provide training and technical assistance for Head Start/Early Head Start teachers.
 - Organize bi-monthly seminar for the Center's 12 graduate research assistants.
 - Member of the Guilford County School Readiness Collaborative.

PUBLICATIONS – BOOKS

- Adamsons, K.**, & Sabatelli, R. (forthcoming, 2024). *Family Interaction: Multigenerational and Developmental Perspectives on Diversity within and between Families*. Cognella.
- Adamsons, K.**, Few-Demo, A., Proulx, C., & Roy, K. (Eds.). (2022). *Sourcebook of Family Theories and Methodologies: A Dynamic Approach*. NY: Springer.
- White, J., Martin, T., & **Adamsons, K.** (2019; 5th ed.). *Family Theories: An Introduction*. Sage.

PUBLICATIONS – EDITED SPECIAL ISSUES

- Adamsons, K.**, & Crossman, K. L. (Eds.) (2022). *Mid-range theories about families: A special issue of the Journal of Family Theory and Review*, 14(2).
- Adamsons, K.**, & Palkovitz, R. (Eds.) (2014). *Theorizing about fathering: A special issue of the Journal of Family Theory and Review*.

PUBLICATIONS – PEER-REVIEWED JOURNAL ARTICLES

- * Indicates graduate student co-author, ** Indicates former graduate student co-author,
 † Indicates undergraduate student co-author

- Adamsons, K.**, & Russell, B. (2023). Longitudinal transmission of risk behaviors between mothers, fathers, and adolescents. *Journal of Family Psychology*.
- *Kuscul, H., & **Adamsons, K.** (2022). Maternal and paternal predictors of Turkish fathers' nurturing and caregiving. *Journal of Cross-Cultural Psychology*, 53(9), 1187-1205.
<https://doi-org.ezproxy.lib.uconn.edu/10.1177/00220221221111814>
- Mobley, A.R., Gans, K.M., **Adamsons, K.**, Zeldman, J.A., Varela, E.G., & Whitlow, L. (2022). O27 Pilot testing of a father-focused childhood obesity prevention mobile phone app. *Journal of Nutrition Education Behavior*, 54(7), S14.
<https://doi.org/10.1016/j.jneb.2022.04.034>

- *Kuscul, H., & **Adamsons, K.** (2022). A personal and relational model of father identity construction. *Journal of Family Theory and Review*, 14(2), 191-206.
<https://doi.org/10.1111/jftr.12451>
- Adamsons, K.**, & Crossman, K. L. (2022). Mid-range theories about families: A primer and introduction to the special issue. *Journal of Family Theory and Review*, 14(2), 111-122.
<https://doi-org.ezproxy.lib.uconn.edu/10.1111/jftr.12464>
- Mobley, A., Gans, K., **Adamsons, K.**, & Huedo-Medina, T. B. (2022). Feasibility, acceptability, and preliminary outcomes of a father-focused childhood obesity prevention program for low-income families with preschool-age children. *Childhood Obesity*. Advance online publication. <https://doi.org/10.1089/chi.2021.0225>
- Adamsons, K.** (2022). COVID-19 and the relationships and involvement of nonresident fathers. *Family Relations*, 71(3), 827-848. <https://doi.org/10.1111/fare.12663>
- Russell, B., **Adamsons, K.**, *Hutchison, M., & Francis, J. (2022). Parents' wellbeing and emotion regulation during infancy: The mediating effects of coping. *The Family Journal*, 30(1), 4-13. <https://doi.org/10.1177/10664807211022230>.
- **Foster, J.S., **Adamsons, K.**, Schwartz, M. B., Taylor, E. A., & Mobley, A. R. (2020). A pilot examination of the inter-rater reliability of the 18-item Household Food Security Module between cohabiting mothers and fathers. *Translational Behavioral Medicine*, 10(6), 1306-1311. <https://doi.org/10.1093/tbm/ibaa036>
- Rohner, R. P., Putnick, D., *Molaver, A., *Ali, S., Butt, M., Ibrahim, D., Aurino, C., Blom, M., Darwesh, F., Auricchio, S., Radha, A., Miranda, M., **Adamsons, K.**, & Senese, V. (2020). Psychological maladjustment mediates the link between remembrances of parental rejection in childhood and loneliness in adulthood. *International Journal of Psychology*, 55(4), 590-600. <https://doi.org/10.1002/ijop.12621>
- **Vollmer, R. L., **Adamsons, K.**, & Mobley, A. R. (2019). Recruitment, engagement, and retention of fathers in nutrition education and obesity research. *Journal of Nutrition Education and Behavior*, 51, 1121-1125.
- **Saxena, M., Farrell, A., & **Adamsons, K.** (2019). An empirical examination of caregiving processes and outcomes among adult siblings of individuals with intellectual and developmental disabilities. *OBM Geriatrics*, May 20, 2019.
[doi:10.21926/obm.geriatr.1902054](https://doi.org/10.21926/obm.geriatr.1902054)
- Adamsons, K.** (2018). Quantity versus quality of nonresident father involvement: Deconstructing the argument that quantity doesn't matter. *Journal of Child Custody*, 15(1), 26-34.
- *Jessee, V., & **Adamsons, K.** (2018). Father involvement and father-child relationship quality: An intergenerational perspective. *Parenting: Science and Practice*, 18, 28-44.
- **Vollmer, R., **Adamsons, K.**, *Foster, J. S., & Mobley, A. (2017). How are fathers' demographic characteristics related to preschool age children's weight and obesity risk factors? *Ecology of Food and Nutrition*, 56, 381-392. Doi: 10.1080/03670244.2017.1343726
- *Huff, S. C., Anderson, S. R., **Adamsons, K.**, & Tambling, R. B. (2017). Development and validation of a scale to measure children's contact refusal of parents following divorce. *American Journal of Family Therapy*, 45, 66-77.
- *Vollmer, R., **Adamsons, K.**, Gorin, A., *Foster, J., & Mobley, A. (2015). Investigating the relationship of body mass index, diet quality, and physical activity level between fathers

- and preschool age children. *Journal of the Academy of Nutrition and Dietetics*, Jan. 28, 2015.
- *Vollmer, R., **Adamsons, K.**, *Foster, J., & Mobley, A. (2015). Association of fathers' feeding practices and feeding style on preschool age children's diet quality, eating behavior and body mass index. *Appetite*, 89, 274-281. DOI: 10.1016/j.appet.2015.02.021
- *Vollmer, R., **Adamsons, K.**, & Mobley, A. (2015). Investigating relationships between paternal perception of the role of the father and paternal feeding practices. *Journal of Child and Family Studies*. DOI: 10.1007/s10826-015-0181-z
- *Yoo, Y., **Adamsons, K.**, Robinson, J., & Sabatelli, R. (2015). Longitudinal influence of paternal distress on children's representations of fathers and family conflict. *Journal of Child and Family Studies*, 24, 591-607. DOI: 10.1007/s10826-013-9870-7
- Adamsons, K.**, & Palkovitz, R. (2014). Theorizing about fathering: An introduction to the special issue. *Journal of Family Theory and Review*, 6, 279-281.
- Palkovitz, R., Trask, B., & **Adamsons, K.** (2014). Essential differences in the meaning and processes of mothering and fathering: Family systems, feminist, and qualitative perspectives. *Journal of Family Theory and Review*, 6, 406-420. DOI: 10.1111/jftr.12048
- *MacNeil, T., & **Adamsons, K.** (2014). Viewing interracial couple conflict through a bioecological lens. *International Journal of Conflict Management*, 25, 243-260.
- *Saxena, M., & **Adamsons, K.** (2013). Siblings of individuals with disabilities: Reframing the literature through a bioecological lens. *Journal of Family Theory and Review*, 5, 300-316. DOI: 10.1111/jftr.12021
- Adamsons, K.**, & Pasley, K. (2013). Parents' fathering beliefs and later father involvement. *Journal of Family Issues*. doi:10.1177/0192513X13514407
- Adamsons, K.** (2013). Possible selves and prenatal father involvement. *Fathering*, 11, 245-255. Doi: 10.3149/fth.1103.245
- Adamsons, K.**, & *Johnson, S. (2013). An updated and expanded meta-analysis of nonresident fathering and child well-being. *Journal of Family Psychology*, 27, 589-599. DOI: 10.1037/a0033786
- Adamsons, K.**, & Pasley, K. (2013). Refining identity theory to better account for context: Applications to fathering. *Journal of Family Theory and Review*, 5, 159-175. DOI: 10.1111/jftr.12014.
- Adamsons, K.** (2013). A longitudinal investigation of mothers' and fathers' initial fathering identities and later father-child relationship quality. *Fathering*, 11, 118-137. doi:10.3149/fth.1102.118
- Adamsons, K.** (2013). Predictors of relationship quality during the transition to parenthood. *Journal of Reproductive and Infant Psychology*, DOI:10.1080/02646838.2013.791919.
- Adamsons, K.** (2012). Using Online Virtual Worlds to enhance students' engagement and motivation in online classes. *NEFDC Exchange*, 25 (4), 8-10.
- DeLacerda, M., **Adamsons, K.**, Henderson, T., & *Tucker, E. (2012). Shared parenting and Oklahoma law: What about fathers? *Oklahoma Bar Journal*, 83, 1737-1742.
- †Rodriguez, A., & **Adamsons, K.** (2012). Parenting expectations: A comparative analysis of younger and older first-time parents. *Marriage and Family Review*, 48, 248-271.
- Adamsons, K.** (2010). Using identity theory to develop a mid-range model of parental gatekeeping and parenting behavior. *Journal of Family Theory and Review*, 2, 137-148.
- Adamsons, K.**, & Buehler, C. (2007). Mothering v. fathering v. parenting: Measurement equivalence in parenting measures. *Parenting: Science and Practice*, 7, 271-303.

- Adamsons, K., O'Brien, M., & Pasley, K. (2007).** An ecological approach to father involvement in biological and stepfather families. *Fathering, 5*, 129-147.
- Henley (Adamsons), K., & Pasley, K. (2005).** Conditions affecting the association between father identity and father involvement. *Fathering, 3*, 59-80.

PUBLICATIONS – BOOK CHAPTERS AND OTHER PUBLICATIONS
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- Adamsons, K., & *Zhu, T. (forthcoming 2024).** Theoretical perspectives on parental gatekeeping. In S. Schoppe-Sullivan & K. Aytac (Eds.), *Parental Gatekeeping*.
- Adamsons, K., & Carter, M. (2022).** Through the looking glass: Reexamining Symbolic Interactionism's past and forecasting its future. In K. Adamsons, A. L. Few-Demo, C. M. Proulx, & K. Roy (Eds.), *Sourcebook of Family Theories and Methodologies: A Dynamic Approach* (pp. 127-145). Springer. https://doi.org/10.1007/978-3-030-92002-9_8
- Adamsons, K., Few-Demo, A., Proulx, C., & Roy, K. (2022).** Family theories and methodologies: A dynamic approach. In K. Adamsons, A. L. Few-Demo, C. M. Proulx, & K. Roy (Eds.), *Sourcebook of Family Theories and Methodologies: A Dynamic Approach* (pp. 3-20). Springer. https://doi.org/10.1007/978-3-030-92002-9_1
- Adamsons, K., Few-Demo, A., Proulx, C., & Roy, K. (2022).** Future directions for family theories and methodologies. In K. Adamsons, A. L. Few-Demo, C. M. Proulx, & K. Roy (Eds.), *Sourcebook of Family Theories and Methodologies: A Dynamic Approach* (pp. 753-759). Springer. https://doi.org/10.1007/978-3-030-92002-9_55
- Adamsons, K., **Cutler, L., & Palkovitz, R. (2022).** Theorizing fatherhood: Past, present, and future. In S. Molloy, A. Isacco, & P. Azzam (Eds.), *Handbook of the Psychology of Fatherhood*. Springer.
- Adamsons, K. (February 2016).** Commonalities and diversities of fathering: Overall commentary on fathering. *Encyclopedia on Early Child Development* [online]. CEECD, SKC-ECD; URL: <http://www.child-encyclopedia.com/fathering/according-experts/commonalities-and-diversities-fathering-overall-commentary-fathering>
- Adamsons, K. (2013).** Gender and divorce. In R. Emery (Ed.), *Cultural sociology of divorce: An encyclopedia*. (Vol. 7, pp. 485-489). Thousand Oaks, CA: SAGE Publications, Inc. doi: 10.4135/9781452274447.n174
- Adamsons, K. (2013).** Children: Long-term effects of divorce. In R. Emery (Ed.), *Cultural sociology of divorce: An encyclopedia*. (Vol. 3, pp. 239-244). Thousand Oaks, CA: SAGE Publications, Inc. doi: 10.4135/9781452274447.n89
- Adamsons, K. (2010).** [Review of the book *Contemporary fathering: Theory, policy, and practice*]. *Journal of Comparative Family Studies, 41*, 874-875.
- Adamsons, K. (2009).** [Review of the book *Intimate fatherhood: A sociological analysis*]. *Journal of Marriage and Family, 71*, 1102-1104.
- Adamsons, K., & Pasley, K. (2006).** Coparenting following divorce and relationship dissolution. In M. Fine & J. Harvey (Eds.), *Handbook of divorce and relationship dissolution* (pp. 241-262). New York: Erlbaum.
- Van Eeden-Moorefield, B., Henley (Adamsons), K., & Pasley, K. (2005).** Identity enactment and verification in gay and lesbian stepfamilies. In V. L. Bengtson, A. Acock, K. R. Allen, P. Dilworth-Anderson, & D. Klein (Eds.), *Sourcebook of family theory and research*. (pp. 230-232). Thousand Oaks, CA: Sage.

Henley (Adamsons), K., & Pasley, K. (2003). Divorce: Effects on couple. In J. Ponzetti (Ed.), *International Encyclopedia of Marriage and Family* (2nd ed., pp. 480-486). New York: Macmillan.

Henley (Adamsons), K. (2003). Book review: The package deal: Marriage, work and fatherhood in men's lives (Book). *Family Relations*, 52, 305.

PUBLICATIONS (IN PROGRESS, UNDER REVIEW)

*Hu, Y., Russell, B. S., Wu, R., **Adamsons, K.**, *Horton, A. L., & Tambling, R. R. (R&R in process). Relationship factors in the longitudinal spillover of stress between parents and children during COVID-19. Submitted to *Journal of Family Issues*.

*Salafia, C., & **Adamsons, K.** (Under review). Quality of life in breast cancer survivors: An ambiguous loss perspective. Submitted to *Illness, Crisis & Loss*.

*Klein, S., Csizmadia, A., & **Adamsons, K.** (Under review). A symbolic interactionist model of White adolescents' digital critical action. Submitted to *Journal of Family Theory and Review*.

Russell, B., **Adamsons, K.**, & *Hu, Y. (In progress, presented at SRCD 2023). Buffering effects from parents' emotion regulation for some but not all families of adolescents.

*Hu, Y., Russell, B., & **Adamsons, K.** (In progress, presented at SRCD 2023). The reciprocal effect between parents' relationships with spouses and relationships with children, and the role of parental stress.

Adamsons, K., Russell, B., *Hu, Y., & *Sather, A. (In progress, presented at SRCD 2023). Intergenerational risk behavior transmission between parents and adolescents.

*Sather, A., & **Adamsons, K.** (In progress). Who are stay-at-home fathers? To be submitted January 2024 to a special issue of *Parenting: Science and Practice* on Contemporary Perspectives on Fathering and Father-Child Relationships.

Adamsons, K., Russell, B., & **Kuscul, H. (In progress). Predicting father-adolescent and mother-adolescent relationship quality from early parental mental health and perceived child emotionality. To be submitted to *Journal of Social and Personal Relationships*.

*Zhu, T., *Sather, A., & **Adamsons, K.** (In progress). Coparenting, parental relationship quality, and adolescent well-being.

*Sather, A., & **Adamsons, K.** (In progress). Longitudinal associations between parent-child relationships, parental monitoring, and adolescent risk behaviors.

Kuscul, G. H., & **Adamsons, K. (In progress). Predictors of being a custodial father.

Kuscul, G. H., & **Adamsons, K. (In progress). Longitudinal father influences on adolescent wellbeing across married, nonresident, and custodial father families.

PRESENTATIONS (NATIONAL/INTERNATIONAL)

Adamsons, K., Russell, B. S., *Hu, Y., & *Sather, A. (Accepted for 2024). Risk behavior transmission from mothers and fathers to adolescents as mediated by parent-child relationships. Poster to be presented at SRA, Chicago, IL.

*Hu, Y., Russell, B. S., & Adamsons, K. (Accepted for 2024). Cross-lagged effects between parents' relationships with spouses and with their adolescent children: The role of parental stress over time. Poster to be presented at SRA, Chicago, IL.

- *Hu, Y., Russell, B. S., & Adamsons, K. (August 2023). Predicting adolescent risk behavior with family systems theory and parental socialization of emotion. Poster presented at APA, Washington, D. C.
- Adamsons, K., Russell, B., & *Hu, Y. (March 2023). Intergenerational risk behavior transmission between parents and adolescents. Poster presented at SRCD, Salt Lake City, UT.
- Russell, B., Adamsons, K., & *Hu, Y. (March 2023). Buffering effects from parents' emotion regulation for some but not all families of adolescents. Poster presented at SRCD, Salt Lake City, UT.
- *Hu, Y., Russell, B., & Adamsons, K. (March 2023). The reciprocal effect between parents' relationships with spouses and relationships with children, and the role of parental stress. Poster presented at SRCD, Salt Lake City, UT.
- Adamsons, K., Few-Demo, A., Proulx, C., & Roy, K. (2022, November). Family science theory in action: How to strengthen theory-driven methods. Invited symposium presented at the annual meeting of the National Council on Family Relations.
- Adamsons, K. (organizer/moderator), Gonzalez, H., Molloy, S., & Tornello, S. (2022, November). Masculinities and fathering in families. Special session held at the National Council on Family Relations annual meeting. Contributed, peer-reviewed.
- Adamsons, K., Crossman, K., Petren, R., & Weaver, S. (2021, November). Masculinity, #MeToo, feminism, and Genderqueer: Theorizing gender in a gender expansive world. Workshop presented at the Theory Construction and Research Methodology workshop at the annual meeting of the National Council on Family Relations (virtual due to COVID-19). Contributed, peer-reviewed.
- Adamsons, K., & Russell, B. (2021, November). Intergenerational transmission of risk behaviors between fathers and adolescents. Paper presented at the National Council on Family Relations annual meeting (virtual due to COVID-19). Contributed, peer-reviewed.
- Mobley, A.R., Gans, K.M., Adamsons, K., Zeldman, J.A., Varela, E.G., & Whitlow, L. (2022, summer). Pilot testing of a father-focused childhood obesity prevention mobile phone app. *J Nutr Educ Behav* 2022 (abstract accepted).
- Kuscul, H., & Adamsons, K. (2020, November). *Person-level predictors of status and role identity characteristics*. Paper presented at the Theory Construction and Research Methodology workshop at the annual meeting of the National Council on Family Relations (virtual due to COVID-19). Contributed, peer-reviewed.
- Adamsons, K., & Molaver, A. (2019, November). *Development and initial validation of a new interpersonal acceptance-based loneliness measure*. Poster presented at the National Council on Family Relations annual meeting, Ft. Worth, TX. Contributed, peer-reviewed.
- Adamsons, K. (2017, May). *Quality versus quantity of fathering time: An argument against shared physical parenting?* Invited plenary presentation given at the International Shared Parenting Conference, Boston, MA. Invited.
- *Reid, A., *Meier, J., & Adamsons, K. (2016, November). *Neighborhood quality, relationship quality, and mothers' and fathers' depression*. Poster presented at the National Council on Family Relations annual meeting, Vancouver, B.C. Contributed, peer-reviewed.
- Adamsons, K., *Yoo, Y., †Aguilera, V., & †Naz, F. (2013, November). *Fathers' anxiety and later father-child relationships*. Poster presented at the National Council on Family Relations annual meeting, San Antonio, TX. Contributed, peer-reviewed.

- *MacNeil, T., & Adamsons, K. (2012, July). *Looking at interracial couples and conflict: A multi-method approach*. Paper presented in a symposium at the International Association of Relationship Researchers annual meeting, Chicago, IL. Contributed, peer-reviewed.
- Adamsons, K., & *Johnson, S. (2010, November). Nonresident fathering and child well-being: A meta-analysis. Paper presented at the National Council on Family Relations annual meeting, Minneapolis, MN. Contributed, peer-reviewed.
- Adamsons, K. (2010, November). *TCRM decade review*. Invited presentation, given at the TCRM preconference workshop preceding the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Adamsons, K. (2010, November). *Theorizing about health*. Invited discussant, comments given at the TCRM preconference workshop preceding the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Adamsons, K. (2009, November). *Good theorizing is hard to find: Journal editors' views of theoretical publications*. Paper presented at the annual Theory Construction and Research Methodology Pre-Conference Workshop for the National Council on Family Relations annual meeting, San Francisco, CA. Contributed, peer-reviewed.
- Adamsons, K. (2008, November). *Theories in the mist: Are theoretical publications an endangered species?* Paper presented at the annual Theory Construction and Research Methodology Pre-Conference Workshop for the National Council on Family Relations annual meeting, Little Rock, AR. Contributed, peer-reviewed.
- Kramer-Holmes, E., & Yorgason, J., & Adamsons, K. (2008, November). *The effects of couples' congruence in childrearing beliefs and discipline strategies on marital closeness over time*. Paper presented at the annual Theory Construction and Research Methodology Pre-Conference Workshop for the National Council on Family Relations annual meeting, Little Rock, AR. Contributed, peer-reviewed.
- Adamsons, K. (2008, October). *Similarity of parents' beliefs and later reports of father involvement*. Paper presented at the Father Involvement Research Alliance 2008 conference, Toronto, Canada. Contributed, peer-reviewed.
- Adamsons, K., & Pasley, K. (2007, November). *Congruence of parents' fathering role beliefs and later father involvement*. Paper presented at the annual meeting of the National Council on Family Relations, Pittsburgh, PA. Contributed, peer-reviewed.
- Adamsons, K. (2007, November). *The state of family theory*. Invited discussant, comments given at the TCRM preconference workshop preceding the annual meeting of the National Council on Family Relations, Pittsburgh, PA.
- Adamsons, K., & Buehler, C. (2005, November). *Mothering v. fathering v. parenting: Measurement differences in the assessment of parenting*. Paper presented at the annual meeting of National Council on Family Relations, Phoenix, AZ. Contributed, peer-reviewed.
- Henley (Adamsons), K. (2004, November). *Issues of gender and power in identity theory: Creating a mid-range model of maternal gatekeeping*. Paper presented at the annual Theory Construction and Research Methodology Pre-Conference Workshop for the National Council on Family Relations annual meeting, Orlando, FL. Contributed, peer-reviewed.
- Henley (Adamsons), K., & Pasley, K. (2003, November). *The role of context in identity theory: Making it more than background noise*. Paper presented at the annual Theory Construction and Research Methodology Pre-Conference Workshop for the National

Council on Family Relations annual meeting, Vancouver, BC. Contributed, peer-reviewed.

Henley (Adamsons), K., & Pasley, K. (2002, November). *Moderating effects of coparenting on the translation of identity into behavior: A study of nondivorced and divorced fathers*. Paper presented at the annual meeting of National Council on Family Relations, Houston, TX. Contributed, peer-reviewed.

PRESENTATIONS (REGIONAL)

Adamsons, K. (2023, March). *How dads teach kids about risk*. Workshop presented at the annual New England Fathering Conference, Newport, RI. Contributed, peer-reviewed.

Adamsons, K., & Weaver, S. (2019, March). *Fatherhood, masculinity, and the #MeToo movement*. Workshop presented at the annual New England Fathering Conference, Springfield, MA. Contributed, peer-reviewed.

*Molaver, A., Rohner, R., & Adamsons, K. (2015, October). *Adults' remembrances of parental acceptance-rejection in childhood predict current loneliness: A pilot study*. Poster presentation at the New England Psychological Association annual meeting, Fitchburg, MA. Contributed, peer-reviewed.

*Jessee, V., & Adamsons, K. (2014, October). *Intergenerational transmission in father-child relationships*. Poster presentation at the New England Psychological Association annual meeting, Lewiston, ME. Contributed, peer-reviewed.

†Aguilera, V., †Naz, F., *Yoo, Y., & Adamsons, K. (2013, October). *Predicting father-child relationship quality from maternal and paternal anxiety*. Paper presentation at the New England Psychological Association annual meeting, Bridgeport, CT. Contributed, peer-reviewed.

*Yoo, Y., Adamsons, K., & Robinson, J. (2011, September). *Longitudinal influence of paternal distress on fathers' and children's representations of each other's behaviors*. Poster presented at the annual meeting of the New England Psychological Association, Fairfield University. *See Awards* Contributed, peer-reviewed.

Adamsons, K. (2006, February). *Longitudinal effects of parental identity standard congruence on paternal involvement*. Paper presented at the annual Southeastern Symposium on Human Development, Greensboro, NC.

Henley (Adamsons), K. (2005, February). *Mothering versus fathering versus parenting: Measurement differences in assessments of parenting*. Paper presented at the annual Southeastern Symposium on Human Development, Athens, GA.

Eanes, A. Y., & Henley (Adamsons), K. (2004, February). *To be or not to be (a parent)*. Paper presented at the annual Southeastern Symposium on Human Development, Knoxville, TN.

Henley (Adamsons), K., Eanes, A. Y., & Proulx, C. M. (2004, February). *Can't we all just get along? How and why to choose good collaborators*. Round-table presentation at the annual Southeastern Symposium on Human Development, Knoxville, TN.

Henley (Adamsons), K., & Eanes, A. Y. (2003, April). *Childbearing and choice: Can women really choose?* Paper presented at the annual Southeastern Symposium on Human Development, Auburn, AL.

Henley (Adamsons), K. (2002, April). *Father identity, father involvement and coparental quality: Keeping fathers involved in the family*. Paper presented at the annual Southeastern Symposium on Human Development, Blacksburg, VA.

PRESENTATIONS (LOCAL)

Adamsons, K. (2018, January). *Coparenting apart: What do we know? What next?* Invited presentation for the Shared Parenting Council of Connecticut.

†Naz, F., & †Aguilera, V., *Yoo, Y., & Adamsons, K. (2013, April). *A longitudinal model predicting father-child relationship quality*. Poster presented at the University of Connecticut Frontiers Poster Session, Storrs, CT.

†Briscoe, T., Adamsons, K., *McDougal, T., & *Wong, A. (2012, April). *Men's and Women's Relationship Quality and Mental Health Over Time*. Poster presented at the University of Connecticut Frontiers Poster Session, Storrs, CT.

Adamsons, K., & Baker, H. (2011, August). *ACT facilitator training*. Trained 15 staff and faculty members to become certified facilitators of the American Psychological Association's ACT Raising Safe Kids anti-violence parent education program.

Adamsons, K. (2010, October). *Help! My Kid is Driving Me Crazy! Understanding and Promoting Positive Discipline*. Presentation given during UConn's Human Resources' Work-Life Week, University of Connecticut, Storrs, Ct. Invited presentation.

Adamsons, K. (2009, March). *Great expectations: Mothers and fathers negotiating the transition to parenthood*. Presentation given to the Clinical Psychology division of the Psychology Department, University of Connecticut, Storrs, CT. Invited presentation.

Adamsons, K. (2008, February). *How and why to choose good collaborators*. Presentation given at HDFS Department graduate student professional development seminar, University of Connecticut, Storrs, CT. Invited.

Henley (Adamsons), K., & Eanes, A. Y. (2004, March). *Childless versus childfree: Patterns and sex differences among young adults' attitudes towards childbearing*. Paper presented at University of North Carolina at Greensboro, HDFS Department Research Forum, Greensboro, NC.

GRANTS – IN PROGRESS AND UNDER REVIEW

In progress:

Adamsons, K. (PI), Russell, B. (Co-PI). Intergenerational family-level predictors of adolescent underage drinking. NIH R01-PAR-21-358 (Risk and Protective Factors of Family Health and Family Level Interventions), submitting to NIAAA. Funding to be requested: \$2,450,000. In progress – to be submitted 2/2024.

Under review:

Adamsons, K. (PI), Russell, B. (Co-I), Aguiar, D. (Co-I). Machine learning models of adolescent underage drinking as predicted by family-level variables. NIH R03: NOT-AA-20-018 (Notice of Special Interest: Secondary analyses of existing alcohol research data). Project period: 9/1/2022-8/30/2024. Funding requested: \$161,000. Submitted to NIAAA 6/16/2023.

GRANTS – FUNDED

Ongoing:

Adamsons, K. (PI). A needs assessment of children with incarcerated parents in the state of Connecticut. Connecticut Children with Incarcerated Parents Initiative. Awarded \$15,000 for collection of interview and focus group data from incarcerated parents, children, and caregivers between 9/23 and 12/23.

Adamsons, K., & Russell, B. (PIs). Explaining the intergenerational transmission of substance use behaviors from parents to adolescent children. InCHIP Seed Grant. Awarded \$15,000 for pilot data collection and analysis between 6/20/22-6/19/24.

Completed:

Adamsons, K. (PI). Explaining the intergenerational transmission of substance use behaviors from parents to adolescent children. CLAS Summer Research Funding. Awarded \$30,676 for pilot data collection and analysis between 5/10/22-9/1/22.

Adamsons, K. (PI). *Father focus groups to assess the strengths and challenges of state services and programs.* Fatherhood Research and Practice Network. 2/15/2019-9/15/2019. Total funding: \$10,000.

Mobley, A. (PI), **Adamsons, K. (Co-I)**, Gans, K. (Co-I). *Development and Pilot Testing of mHealth Enhancements for a Father-Focused Childhood Obesity Prevention Program.* USDA/NIFA. Project start date: 3/1/2017. Total funding: \$150,000.

Mobley, A. (PI), **Adamsons, K. (Co-I)**, Gans, K. (Co-I), Ferris, A. (Co-I), Huedo-Medina, T. *Father-Focused Nutrition and Parenting Program to Help Prevent Childhood Obesity in Preschool Age Children.* NIH R21. Project period: 5/1/2016-4/30/2018. Total funding: \$419,801.

The Forgotten Parent: Paternal Influences on Young Children's Eating Behaviors. (UConn Center for Health Intervention and Prevention – Seed Grant for New Investigators). A. Mobley, PI, **K. Adamsons, (Co-I)**, A. Gorin (Co-I), Funding period: 4/1/13 – 6/30/15. Costs awarded: \$7,500.

State statutes regarding child custody and shared parenting. (University of Connecticut SHARE award). **K. Adamsons, Supervisor**; S. Perkins, Undergraduate recipient. Funding period: 1/15/13 – 5/15/14. \$500 professional development stipend, \$1,500 student stipend.

Fathers' roles in children's eating habits: Developing an intervention to cope with challenges, barriers, and encouraging factors. (University of Connecticut Research Foundation, Faculty Large Grant Proposal). A. Mobley, PI, **K. Adamsons, Co-PI.** Funding period: 7/1/12 – 8/30/13. Costs awarded: \$24,977.

Families of cancer survivors (University of Connecticut Research Foundation, Faculty Large Grant Proposal). K. Belizzi, PI, **K. Adamsons, consultant.** Funding period: 1/1/11 – 12/31/11. No costs awarded to consultant.

Early parenting expectations and their influence on parental identities and behavior. (University of Connecticut Research Foundation, Faculty Large Grant Proposal). **K. Adamsons, PI.** Funding period: 1/8/08 – 12/31/08. Costs awarded: \$20,182.80.

GRANT PROPOSALS – SUBMITTED, UNFUNDED
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- Adamsons, K. (PI)**, Russell, B. (Co-I), Aguiar, D. (Co-I). Mediators and moderators of intergenerational pathways of substance use between parents and adolescent children. NIH R03: NOT-DA-20-009. Project period: 5/1/2022-4/30/2024. Total funding requested: \$161,000. Reviewed and scored in the first submission; revised and resubmitted upon PO advice. Unfunded and unscored in second submission.
- Adamsons, K. (PI)**, Russell, B. (Co-I), Cruz, J. (Co-I). A mixed methods study to assess intergenerational pathways of risk transmission between parents and adolescent children. Annie Casey Foundation Elevating Equity grant. Project period: 9/1/2021-10/31/2023. Total funding requested: \$175,000. Unfunded.
- Fatherhood – Family-focused, Interconnected, Resilient, and Essential. (ACF via HHS-2020-ACF-OFA-ZJ-1846). **Subcontract to Project Evaluator K. Adamsons**. Funding period: 10/20-9/25. Costs requested for subcontract: \$913,392; total costs requested: \$6.249 million. Unfunded.
- Adamsons, K.**, & Kuscul, G. H. (coPIs). *Analyzing predictors of father engagement in low-income families*. ACF/OPRE (HHS-2020-ACF-OPRE-PR-1565). Proposed project dates: 3/31/20-3/30/22. Total funds requested: \$143,820. Unfunded.
- Adamsons, K.**, Russell, B., & Cruz, J. (co-PIs). *Identifying and tracking the mechanisms behind the intergenerational transmission of risk behaviors from fathers to children*. Robert Wood Johnson Foundation, Interdisciplinary Research Leaders grant. Proposed project dates: 9/15/20-9/14/23. Total funds requested: \$336,771. Unfunded.
- New pathways for fathers and families*. (ACF via HHS-2015-ACF-OFA-FK-0993). **Subcontract to Project Evaluator K. Adamsons**. Funding period: 10/15-9/20. Costs requested for subcontract: \$1,250,000; total costs requested: \$5,000,000.
- Engaging fathers in the WIC program to help prevent childhood obesity*. (USDA Center for Collaborative Research). A. Mobley, PI, **K. Adamsons, Co-PI**. Funding period: 6/26/14 – 6/25/16. Costs requested: \$220,807.
- Preventing early childhood obesity through parent-based interventions: Who is the most effective target?* (Academy of Nutrition and Dietetics Foundation). A. Mobley, PI, **K. Adamsons, Co-PI**. Funding period: 12/1/12 – 11/30/13. Costs requested: \$35,000.
- Coparenting Apart: A program for military fathers and families*. (Submitted to KSU 2/29/12). B. Russell, PI; **K. Adamsons, Co-Investigator**; S. Green, Co-Investigator; A. Moreno, Co-Investigator. Funding period: 7/1/12 – 6/30/13. Costs requested: \$292,500.
- Factors influencing the successful transition to parenthood*. (Submitted to NIH via R-03 mechanism). **K. Adamsons**, PI. Funding period: 12/15/11 – 12/14/13. Costs requested: \$100,000.
- Enhancing the ACT Against Violence Program for Fathers*. (Submitted 6/2010 to Office of Juvenile Justice and Delinquency Prevention). **Kari Adamsons (PI)**. Funding period requested: 10/10 – 03/13. Costs requested: \$200,000.
- Dad & Me: A Program for Separating/Divorcing Fathers and Their Children*. (Submitted 10/27/09 to NIH, New Innovators Award, RFA-RM-09-011). **Kari Adamsons (PI)**, Maureen Mulroy (Co-Investigator). Funding period requested: 09/10 – 07/15. Direct costs requested: \$1,500,000.
- Daddy & Me: A Program of Family-Focused Activities for Non-Custodial Fathers and their Children*. (Submitted to Children's Fund of Connecticut, 2009 Innovation Fund). Maureen Mulroy (Co-PI), **Kari Adamsons (Co-PI)**, Rachel Tambling (Co-PI), Shayne Anderson (Co-PI). Funding period: 5/09 – 5/11. Direct costs requested: \$95,656.

- Children's Trust Fund Research and Evaluation Grant.* (Submitted to Children's Trust Fund) Eleanor Lyon (Co-PI), Cristina Mogro-Wilson (Co-PI), Preston Britner (Co-Investigator), **Kari Adamsons (Co-Investigator)**, Kathryn Libal (Co-Investigator). Funding period: 7/1/08 – 6/30/11. Direct costs requested: \$1,334,117.
- Nurse Family Partnership Plus Evaluation.* (Submitted to Administration on Children, Youth, and Families). C.C. Payne, PI; **K. Adamsons** (Consultant). Funding requested: 10/1/07 – 9/30/12; Consultant costs requested: \$42,660.00.
- Successful parenting and successful relationships among adolescent parents.* (Submitted to Office of Population Affairs 9/06). PAR-04-185. **K. Adamsons**, PI. Funding requested: 03/01/2007 – 02/28/2010. Direct costs: \$117,844.
- Baby First: Enhancing Evidence-Based Parenting Interventions.* (Submitted to NICHD 5/06). C.C. Payne (PI), M. O'Brien (Co-PI), **K. Adamsons** (Co-Investigator/Project Coordinator), J. Robinson, R. Buck. Funding requested: 09/01/07 – 8/31/12. Direct costs: \$1,670,198.
- Evaluation of an Enhanced Nurse Family Partnership Model.* (Submitted to Office of Population Affairs 5/06). Subcontract to Guilford Child Development. C.C. Payne (PI), **K. Adamsons** (Implementation Coordinator/Data Manager). Funding requested: 09/01/06 – 08/31/2011. Direct costs: \$299,648.

TEACHING - GRADUATE

HDFS5311 – *Theories of Family Development*, UConn

Graduate course reviewing theories and theorizing in the field of family studies. Required for HDFS students.

HDFS5250 – *Close Relationships*, UConn

Graduate course reviewing theory, methods, and research findings in the close relationships literature.

TEACHING – UNDERGRADUATE/COMMUNITY

Current:

HDFS1060 – *Close Relationships Across the Lifespan*, UConn

Introductory undergraduate course; meets General Education requirement and serves as a gateway course to other courses in the HDFS department and the major; typically 300-350 students

HDFS2004W – *Research Methods in HDFS*, UConn

Advanced undergraduate, writing-intensive course reviewing characteristics, strengths, and weaknesses of research methods used in HDFS. Required for HDFS majors.

HDFS2095 – *Diverse Family Structures in the US*, UConn

Sophomore or higher level, takes an in-depth look at current and historical family diversity, as organized by family structures, in the US.

HDFS2300 – Family Interaction Processes, UConn

Sophomore or higher level, reviews family processes and outcomes across diverse families.

Required course for HDFS majors

HDFS3261 – Men and Masculinities, UConn

Advanced undergraduate course reviewing perspectives, influences, and outcomes of current and historical views of men and masculinity.

HDFS3311 – Parenthood and Parenting, UConn

Advanced undergraduate course reviewing parenthood and parenting

Previous:

2006-07 *Infants, Toddlers, and Preschoolers: Understanding Development, Assessment and Early Care and Education, Greensboro, NC*

Professional development/CDA certification course taught for Guilford County Head Start and Early Head Start teachers and assistant teachers; fulfilled educational requirements for Child Development Associate certification. Three sections taught through Guilford Child Development and UNCG (not for formal course credit).

HONORS AND AWARDS

2023	UConn College of Liberal Arts and Sciences - Faculty Mentoring of Graduate Students Award
2023	NCFR Men in Families focus group – graduate student lead author received Best New Professional Research Article on Men in Families Award (second author)
2015	UNC Greensboro School of Health and Human Sciences - Alumni Pacesetter Award
2015	University of Connecticut Student Support Services - Faculty Member of the Year
2011	Best Poster Presentation by a Graduate Student (co-author on graduate student poster), New England Psychological Association
2008	NCFR Men in Families Award for Best Research Article by a New Professional
2004	School of Human Environmental Science - Outstanding Graduate Student Award
2004	UNCG - Outstanding Graduate Teaching Award
2003-present	Member of Kappa Omicron Nu (honor society)

DOCTORAL STUDENTS –MAJOR ADVISOR

STUDENT	GRADUATION	DISSERTATION TITLE/TOPIC
Tianmei Zhu		Coparenting
Amanda Sather		Parent-child relationships and child psychopathology
Yanzhen Zhu	Antic. May '25	Influences of culture and social context on the translation of parenting behaviors into child outcomes
Rachael Farina	Antic. May '25	Parental communication with adolescents about pornography

Hilal Kuscul	August '22	Custodial and primary caregiver fathers of adolescents
Alex Molaver	August '22	Development of new measures of romantic and friendship loneliness among partnered and unpartnered individuals
DOCTORAL STUDENTS – ASSOCIATE ADVISOR		

Yuyang Hu
 Timothy McKay
 Andrew Rose
 Brandyn Dior-McKinley
 Mamta Saxena
 Sara Johnson
 Yeonsoo Yoo
 Nicholas Koberstein
 Artie Maharaj
 Scott Huff
 Selenga Gurmen
 Rachel Vollmer (Nutrition)
 Jaime Foster (Nutrition)

MASTERS STUDENTS –MAJOR ADVISOR

Student	Graduation Date	Thesis title/topic
Alex Molaver	May 2016	Adult loneliness as predicted by adults' remembrances of parental acceptance/rejection and psychological well-being
Von Jessee	May 2015	Fathering and parent education, Plan B Masters (non-thesis)

MASTERS STUDENTS – ASSOCIATE ADVISOR

Jaime Smith (Nutrition)
 Jessica Maksut
 Courtney Lincoln

PROFESSIONAL MEMBERSHIPS AND LEADERSHIP

2023-present **Society for Research on Adolescence**
 2022-present **Society for Research on Child Development**
 2012-present **International Association for Relationship Research**
 2001-present **National Council on Family Relations**
 2023-2025 Member-at-large NCFR Board, Board Treasurer/Secretary (2024)
 2019-2021 R&T Section Past-Chair

	2017-2019	R&T Section Chair
	2007-09	MIF Focus Group Co-Chair
	2001-present	Research and Theory Section
	2001-present	Men in Families (MIF) Focus Group
	2001-2012	Students and New Professionals Section
2001-present		Theory Construction and Research Methodology workshop
	2015-present	Treasurer
	2012-13	Program Chair
	2011-12	Program Chair-elect
2008-10, 2015-2020		International Society of Interpersonal Acceptance and Rejection

SERVICE- PROFESSIONAL

Jan 2024-	Editorial Board, <i>Journal of Family Psychology</i>
2016-2020	Editorial Board, <i>Journal of Child and Family Studies</i>
2014-2022	Associate Editor, <i>Journal of Social and Personal Relationships</i>
2012-13	<i>Journal of Family Theory and Review</i> Task Force, appointed by NCFR Board to determine qualities/strengths that should be sought in the new <i>JFTR</i> Editor
2010-2018	State coordinator, certified facilitator, and certified facilitator-trainer, ACT Raising Safe Kids program
2010-12, 2019-2022	Principal investigator/faculty sponsor Parent Education Program
2010-present	Editorial Board, <i>Journal of Family Theory and Review</i>
2009-12	Associate Editor, <i>Fathering</i>

SERVICE - UNIVERSITY

2019-present	CLAS Representative to Education Abroad Advisory Committee
2015-2020	CLAS Courses and Curricula committee, departmental representative
2014-17	UConn Graduate Faculty Council, departmental representative
2012	UConn Search committee – Institute of Teaching and Learning, search for Instructional Design and Development position

SERVICE - DEPARTMENTAL

2022-present	Member, HDFS Assessment Committee
2022-2023	Member, HDFS Search Committee – Assistant Professor with a focus on Latinx families
2021-2022	Chair, HDFS Search Committee – Assistant Professor with a focus on Black families
2020-2021	Founder and Co-Chair HDFS Diversity, Equity, and Inclusion committee
2019-2020	Chair, HDFS Search Committee – Director of ECS program
2015-2020	Associate Department Head for Undergraduate Studies
2012-2020	Director of the HDFS Undergraduate Honors Program
2012-16,	

2023-24	Merit Review Committee 2013, 2014 - MRC Chair 2023-24 – MRC Chair
2011-2015	Committee to review writing intensive course assessment procedures
2008-10	Faculty advisor, Family Studies Undergraduate Committee
2007-08	Merit System Review Committee, UConn
2005-06	Southeastern Symposium on Human Development - Co-chair of 2006 conference planning committee (conference hosted by UNCG)

SERVICE – COMMUNITY

2019-present	Representative to state Parent Education Advisory board (judicial appointee)
2019-present	Member, Connecticut Fatherhood Initiative advisory council
	2022 – present: Member, Domain III (Youth prepared to be responsible parents) committee
	2021 – present: Member, Domain V (Policy initiatives and public awareness) committee
	2021 – present: Chair, Data development subcommittee
2010-12	DCF Commissioner's Advisory Task Force on Foster and Adoptive Families
2009-12	Licensed DCF foster parent