

**Dr. Beth Shoshana Russell**  
**Curriculum Vitae**

University of Connecticut; Human Development & Family Sciences 348 Mansfield Rd, Unit 1058; Storrs, CT 06269 Phone: (860) 221-8414 <a href="mailto:beth.russell@uconn.edu">beth.russell@uconn.edu</a> <a href="mailto:bethsrussell@gmail.com">bethsrussell@gmail.com</a>
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**Academic Appointments & Professional Experience**

University of Connecticut; Storrs, CT USA

- 2021-Present    *Co-Director*, Collaboratory on School and Child Health.  
Administrative position to lead the group in partnership with founding Director,  
Dr. Sandra Chafouleas.
- 2020-Present    *Associate Department Head for Undergraduate Studies*.  
Administrative position in the department of Human Development & Family  
Sciences, overseeing the undergraduate curriculum and student experiences.
- 2018- Present    *Director*, Center for Applied Research in Human Development  
Administrative position that coordinates the development and execution of  
center contract agreements with community partners to complete research  
projects and provide training opportunities to undergraduate/graduate students.
- 2017- Present    *Associate Professor*, (tenured).  
Faculty position in the department of Human Development & Family Sciences.  
Program coordinator for the Certification in Family Life Education (CFLE;  
2015-2020). Responsible for graduate and undergraduate mentoring/advising.  
Courses include HDFS 1060 Close Relationships, HDFS 2100 Infancy through  
Adolescence, HDFS 3103 Adolescent Development, HDFS 3343 Family Life  
Education, HDFS 5215 Theories and Models of Lifespan Development, HDFS  
5342 Parent Education, HDFS 5007 Applied Quantitative Methods in Human  
Development & Family Studies.
- 2011- 2017      *Assistant Professor*, (tenure track).  
Faculty position in the department of Human Development & Family Sciences.

Previous Appointments & Employment

- 2010-2011      *Chair, Human Subjects Review Board* Worcester State University.
- 2006-2011      *Assistant Professor* (tenure track), Worcester State University, Worcester, MA
- 2005-2006      *Visiting Assistant Professor*, St. Joseph College, Hartford, CT
- 2003-2006      *Adjunct Professor*, University of Connecticut, Storrs, CT
- 2000-2005      *Graduate Assistant*, University of Connecticut, Storrs, CT
- 1999-2000      *Research Coordinator*, Mental Health Center of Boulder County, Child  
Development Program, Boulder, CO.
- 1999-2000      *Research Assistant*, Early Head Start Program, Denver, CO.
- 1996-2000      *Intern*, Denver Children's Hospital, Neo-natal Intensive Care Unit (NICU).

**Education**

- May, 2005      Doctor of Philosophy in Human Development and Family Studies;  
Area of Specialization – Child & Adolescent Development,  
University of Connecticut, Storrs, CT 06269-2058
- May, 2003      Master of Arts in Human Development and Family Studies;  
University of Connecticut, Storrs, CT 06269-2058
- May, 1998      Bachelor of Arts; Dual Individualized Concentrations – Medical Sciences, &  
Comparative Literature. Hampshire College, Amherst, MA 01002

\*Denotes student collaborator

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**Integrative Research Statement**

I study the development of self-regulation in normative and at-risk samples, with a focus on the regulation of psychological distress. I take a lifespan perspective and believe the development of self-regulation is largely regulated by others in infancy before becoming mutually regulated in early childhood, and over time increasingly self-regulated in adolescence -- until young adults partner and/or become parents, often within close relationships that rely on mutual regulation. Based on this developmental perspective, the majority of my scholarship falls into the study of a) parent-child mutual or co-regulation where child outcomes are heavily scaffolded by the caregiver; and b) self-regulation in adolescence and early adulthood where maturity demands for individuation bring self-regulation to the forefront. My research is anchored in the applied practices of HDFS, hence, themes of intervention practice and program evaluation are also evident in my work through the Center for Applied Research in Human Development.

**Research Grants**

Extramural Proposals:

National Institute of Alcohol Abuse and Alcoholism (NIAAA), R01 mechanism. **I**soLation and **L**oneliness **U**nderlying **M**isuse and **i**ncreased use of Alcohol as a function of **s**Tress and coping **E**fforts (*ILLUMINATE*). In response to NIAAA PAR 20-145. Submitted June 21, 2022. Principal Investigator with Co-PIs Drs. Fendrich and Park. \$1,570,514.00, pending review.

U.S. Department of Justice, Bureau of Justice Administration, Subaward. Comprehensive Opioid Stimulant, and Substance Abuse Program (COSSAP). *City of Waterbury Warm Hand-off Program*; subaward Co-Investigator for program evaluation with Dr. Cornman, \$239,000; funded 5/1/2022-9/30/2024.

Mental Research Institute. *A pilot study of PRISM mindfulness based family groups for parents of young adults with Substance Use Disorders*. Principal Investigator with Co-PIs D'Aniello & Tambling, \$5,000, funded 12/1/2020-11/30/2021.

Office of National Drug Control Policy, Subaward. Combating Opioid Overdose through Community-level Intervention (COOCLI) Initiative. *City of Waterbury Warm Hand-Off Program*. Subaward Co-Investigator for program evaluation with Dr. Cornman, \$150,000; funded 12/2019-11/2020.

National Institute of Alcohol Abuse and Alcoholism (NIAAA), R34 mechanism. *Preventing Alcohol escalation in College via Emotion Regulation (PACER)*. In response to NIDA/NIAAA RFP 18-067. Revised, resubmitted November 2018, Principal Investigator with Co-PIs Drs. Fendrich and Park. \$724,500, funded 9/2019-8/2022.

Department of Mental Health and Addiction Services (DMHAS), Subaward. *Vernon Prevention Partnership*, PI C. Williams. Subaward Principal Investigator for program evaluation, \$100,000 funded 9/1/2016-8/31/2020.

US Health & Human Services Office of Minority Health (OMH), Subaward. *Aspire-Connect-Thrive (ACT)*. Principal Investigator: Aldwin Allen, Village for Families & Children; Program Evaluation, Subaward Principal Investigator, \$175,000 funded 8/1/2016-7/13/2020.

Administration for Children & Families (ACF) Subaward. *FatherWorks 6<sup>th</sup> Year Qualitative Evaluation*. Principal Investigator: Aldwin Allen, Village for Families & Children. Evaluation Subaward Principal Investigator, \$50,000, funded 10/15/2015-12/1/2016

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**Research Grants (continued)**

Extramural Contracts & Service Agreements:

- 2020-2021: EastConn, Early Head Start/Head Start (EHS/HS) Program Evaluation and Technical Support Consultation, technical support and evaluation implementation to support the development of the EHS/HS offerings for CT's Eastern region, particularly focused on family functioning and goal setting outcomes. Principal Investigator, \$20,181 funded.
- 2020-2022: CREC 21<sup>st</sup> Century (21<sup>st</sup> C) Afterschool program evaluation. Consultation, technical support and evaluation implementation /reporting for the statewide 21<sup>st</sup> C program. Principal Investigator, \$80,000 funded.
- 2020-2021: EastConn, Early Head Start (EHS) Program Evaluation and Technical Support. Consultation, technical support and evaluation implementation to detect early impact signals from new staff and family training initiatives. Principal Investigator, \$15,000, funded.
- 2019-2020: EastConn, Early Head Start (EHS) Program Evaluation and Technical Support. Consultation, technical support and evaluation implementation to support the development of the EHS offerings, particularly focused on family goal setting and parent/family functioning outcomes. Principal Investigator, \$16,000, funded
- 2018-2019: EastConn, Early Head Start (EHS) Program Evaluation and Technical Support. Consultation, technical support and evaluation implementation to support the development of the EHS offerings, particularly focused on family goal setting and parent/family functioning outcomes. Principal Investigator, \$20,000, funded
- 2018-2020: Family Life Education, Program Evaluation Alignment. Consultation, technical support and evaluation implementation to support the development of FLE research mission across programs. Principal Investigator, \$25,000 funded
- 2018-2019: CREC 21<sup>st</sup> Century (21<sup>st</sup> C) after school program evaluation. Consultation, technical support and evaluation implementation/reporting for the statewide 21<sup>st</sup> C program. Principal Investigator, \$40,000 funded.
- 2016-2017: Village for Families & Children, Research Development support. Consultation, technical support, and evaluation implementation to support the development of the Village research mission across programs. Principal Investigator, \$8,000 funded.
- 2015-2016: Village for Families & Children, FatherWorks 6<sup>th</sup> Year Evaluation. Consultation, evaluation design, and execution of the qualitative evaluation for the high-risk fathering services program. Principal Investigator, \$50,000 funded
- 2015-2016: Village for Families & Children, Home-based Crisis Management Service Evaluation. Consultation and technical support for the evaluation of a new service to be delivered the outpatient clinic settings. Principal Investigator, \$9,995 funded
- 2014-2015: Village for Families & Children, Home-based Crisis Management Service Evaluation. Consultation and evaluation design for a prospective pilot service to be delivered the outpatient clinic settings. Principal Investigator, \$3,850 funded
- 2014-2015: Village for Families & Children, Mid-Level Developmental Assessment project. Consultation, coordination and supervision of graduate student training in play-based assessment for preschool-aged children referred for services. Principal Investigator, \$17,894 funded
- 2013-2014: Village for Families & Children, Zero to Three National Training Institute project. Consultation to develop and propose presentations to the national early intervention conference. Principal Investigator, \$499 funded

\*Denotes student collaborator

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**Research Grants (continued)**

Extramural Contracts & Service Agreements:

- 2013-2014: Village for Families & Children, Mid-Level Developmental Assessment project. Consultation, coordination and supervision of graduate student training in play-based assessment for preschool-aged children referred for services. Principal Investigator, \$10,731 funded
- 2012-2013: Children, Youth, & Families At Risk (CYFAR) Tools for Healthy Living project. Consultation to develop and execute a program evaluation at 4 after-school program sites, including coordination and supervision of student labor. Principal Investigator, \$8,000 funded
- 2012-2013: Cooperative Kids. Consultation to develop a program evaluation for parenting services. Co- Principal Investigator with Dr. Adamsons, \$10,000 funded
- 2011-2012: Village for Families & Children, Adolescent Family Life Project. Statistical analysis, reporting, consultation, and publication. Principal Investigator, \$17,588 funded

Internal Funded Proposals via competitive applications

- 2022-2023: *Longitudinal feasibility pilot of project BEING: Supporting retention and treatment adherence among those engaged in MAT for opioid use.* OVPR mechanism Clinical Research and Innovation Seed Program (CRISP), \$ 56,687.01. Submitted April 1, 2022, Principal Investigator with Co-PIs Park and Rash, pending review.
- 2022-2024: *Intergenerational Transmission of Substance Use Behaviors from Parents to Adolescent Children.* InCHIP seed grant, \$14,755. Submitted April 1, 2022, Co-Principal Investigator with PI Adamsons, funded 6/17/2022-6/30/2024.
- 2021-2022: *Cross-cultural determinants of the COVID-19 pandemic effects on alcohol use: The US vs. Spain.* InCHIP seed grant, \$15,000. Co-Investigator with PI Huedo-Medina, funded 6/7/2021-6/30-2023.
- 2021-2022: *Intergenerational transmission of risk behaviors from fathers to adolescent children.* InCHIP summer fellowships \$2,500. Co-Investigator with PI Adamsons, funded summer 2021.
- 2021-2022: *Supporting families through SUD recovery.* InCHIP summer fellowships \$2,500. Co-Investigator with PI Tambling, funded summer 2021.
- 2020-2021: *A pilot investigation understanding the Connecticut patient adherence experience to Medication Assisted Treatments (MAT) for Opioid Use Disorder.* InCHIP Ideas Lab Opioid seed grant, \$25,000. Multiple Principal Investigator with Dr. Nathaniel Rickles, funded 6/28/2020-6/30/2022.
- 2020-2021: *Intergenerational transmission of risk behavior from fathers to adolescent children.* Department of Human Development & Family Sciences faculty seed grant, \$5,000. Co-Investigator with PI Adamsons, funded 4/22/2020-4/21/2021.
- 2020-2021: *Supporting families through SUD recovery: Parents' needs assessment.* Department of Human Development & Family Sciences faculty seed grant, \$5,000. Co-Investigator with Principal Investigator Dr. Tambling, funded 4/22/2020-4/21/2021.
- 2020-2021: *Feasibility, acceptability and preliminary outcomes for an adjunctive mind-body intervention for Medication Assisted Treatments (MAT) for Opioid Use Disorder.* Office of the Vice President for Research (OVPR) Research Excellence Program; \$50,000. Multiple Principal Investigator with Co-PIs Drs. Park and Fendrich, funded 06/30/2020.

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**Research Grants (continued)**

Internal Funded Proposals via competitive applications:

- 2020-2021: *Evaluating the impact of COVID-19 on young adults' stress, coping, and substance use behavior*. InCHIP Rapid Response Proposals to Examine Social and Behavioral Implications of COVID-19, \$5,000. Multiple Principal Investigator with Co-PIs Dr. Fendrich and Park, funded 3/26/2020
- 2018-2019: *Truancy Prevention Efforts to Interrupt the School to Prison Pipeline*. InCHIP Collaboratory in School and Child Health seed grant, Principal Investigator, funded 1/2019 – 12/31/2019, \$7,392
- 2017-2018: *Promoting Resilience in Self-Management (PRISM) pilot study*. \$5,000. Department of Human Development & Family Studies faculty seed grant, Principal Investigator, Co-Investigator Angela Starkweather, funded 8/1/2017-7/31/2018.
- 2015-2017: *Parents as Coping Coaches*, \$30,000 UConn Center for Health Intervention & Prevention collaboration grant with CT Children's Medical Center, Principal Investigator with CoPI Jessica Guite, funded.
- 2011-2012: *Impulsivity, coping, and emotion regulation in adolescent recovery school students* \$1,500 University of Connecticut Research Foundation Small Faculty Grant, funded.
- 2010 – 2011: *Convergent evidence for parental behavior as antecedent for children's self control* \$4,200, Worcester State University, funded
- 2009-2010: *Parental behavior as antecedent for preschoolers' self control* \$3,300, Worcester State University, funded.
- 2008-2009: *Results from the PICI* \$2,400, Worcester State University, funded
- 2007-2008: *Reliability of the Parental Interview on Caregiving – Infant (PICI)* \$3,750, Worcester State University, funded

**Refereed Publications**

- \*Dealy, J., Russell, B. S., & Robinson, J. L. (2022, in press). Comparing targeted intervention modalities for high conflict co-parents: A quasi-experimental study. *Family Court Review*
- Hutchison, M., Russell, B. S., Gans, K., & Starkweather, A. (2022, in press). Online administration of a pilot mindfulness-based intervention for adolescents: Feasibility and acceptability. *Current Psychology*,
- Russell, B. S., D'Aniello, C., Tambling, R. R., \*Horton, A. L. (2022, in press). Distress among parents of individuals with Substance Use Disorders: Factors that shape the context of care. *International Journal of Mental Health and Addiction*
- \*Awao, S., Park, C. L., Russell, B. S., & Fendrich, M. (2022). Americans' social media use early in the pandemic predicted later social wellbeing and mental health. *Journal of Behavioral Medicine*, <https://doi.org/10.1080/08964289.2022.2069667>
- \*Horton, A. L., Russell, B. S., Tambling, R. R., Britner, P. A., Hutchison, M., & \*Tomkunas, A. J. (2022). Predictions of children's emotion regulation outcomes during COVID-19: Role of conflict within the family. *Family Relations*, <https://doi.org/10.1111/fare.12717>
- Park, C. L., Wilt, J., Russell, B. S., Fendrich, M. (2022). Does perceived post-traumatic growth predict better psychological adjustment during the COVID-19 pandemic? Results from a national longitudinal survey in the USA. *Journal of Psychiatric Research*, 146, 179-185. <https://doi.org/10.1016/j.jpsychires.2021.12.040>

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**Refereed Publications (continued)**

- Tambling, R., Russell, B. S., Park, C. L., & Fendrich, M. (2022). Predictors of mental health help-seeking during COVID-19: Social support, emotion regulation, and mental health symptoms. *Journal of Behavioral Health Services & Research*, <https://doi.org/10.1007/s11414-022-09796-2>
- Zhang, N., Russell, B. S., Park, C. L., & Fendrich, M. (2022, in press). Effects of mindful emotion regulation on parents' loneliness and social support: a longitudinal study during the covid-19 pandemic in the United States. *Journal of Social and Personal Relationships*, <https://doi.org/10.1177/02654075221098419>.
- D'Aniello, C., Tambling, R., & Russell, B. S. (2021). The Internalized Stigma of Substance Abuse Scale for caregivers: Measuring substance use stigma experienced by caregivers. *Alcohol Treatment Quarterly*, 40, 83-92, <https://doi.org/10.1080/07347324.2021.1941473>
- Fendrich, M., Becker, J., Park, C. L., Russell, B. S., \*Finkelstein-Fox, L., & \*Hutchison, M. (2021). Associations of alcohol, marijuana and polysubstance use with non-adherence to Covid-19 public health guidelines in a US sample. *Substance Abuse*, 42(2), 220-226. <https://doi.org/10.1080/08897077.2021.1891603>
- \*Hutchison, M., & Russell, B. S. (2021). Systematic review of community coalition efforts to prevent adolescent substance abuse. *Journal of Drug Education: Substance Abuse Research and Prevention*, <https://doi.org/10.1177/00472379211016384>
- Hynes, K., Tambling, R. R., Russell, B. S., Park, C. L., & Fendrich, M. (2021). Measuring COVID-19-related stress using the COVID-19 Stressors Scale: A latent profile analysis. *Journal of Traumatic Stress: Theory, Research, Practice, and Policy*, <http://dx.doi.org/10.1037/tra0001085>
- Park, C. L., \*Finkelstein-Fox, L., Russell, B. S., Fendrich, M., \*Hutchison, M., & Becker, J. (2021). Psychological resilience early in the Covid-19 pandemic: Stressors, resources, and coping strategies in a national sample of Americans. *American Psychologist*, 76(5), 715-728. <https://doi.org/10.1037/amp0000813>
- Park, C. L., \*Finkelstein-Fox, L., Russell, B. S., Fendrich, M., \*Hutchison, M., & Becker, J. (2021). Americans' distress early in the covid-19 pandemic: Protective resources and coping strategies. *Psychological Trauma: Theory, Research, Practice, and Policy*, 13(4), 422-431. <https://doi.org/10.1037/tra0000931>
- Riley, K. E., Park, C. L., Wong, C., & Russell, B. S. (2021, in press). Mindfulness, self-distancing, and self-compassion buffers of the rumination to health behavior relationship: A daily diary study. *International Journal of Cognitive Therapy*
- Russell, B. S., Adamsons, K., \*Hutchison, M., & Francis, J. (2021). Parents' wellbeing and emotion regulation during infancy: The mediating effects of coping. *The Family Journal*, 30, 4-13. <https://doi.org/10.1177/10664807211022230>
- Russell, B. S., \*Hutchison, M., Park, C. L., Fendrich, M., & \*Finkelstein-Fox, L., (2021). Short-term impacts of COVID-19 on family caregivers: Emotion regulation, coping, and mental health. *Journal of Clinical Psychology*, 78, 357-374. <https://doi.org/10.1002/jclp.23228>
- Russell, B. S., Tambling, R., \*Horton, A. L., \*Hutchison, M., & \*Tomkunas, A. J. (2021). Clinically significant depression among parents during the COVID-19 pandemic: Examining the protective role of family relationships. *Journal of Couple and Family Psychology*. <https://doi.org/10.1037/cfp0000175>

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**Refereed Publications (continued)**

- Russell, B. S., \*Tomkunas, A. J., \*Hutchison, M., Tambling, R. R., & \*Horton, A. L. (2021). The protective role of parent resilience on mental health and the parent-child relationship during COVID-19. *Child Psychiatry & Human Development*, <https://doi.org/10.1007/s10578-021-01243-1>
- \*Srisopa, P., Cong, X., Russell, B. S., & Lucas, Y., (2021). The role of emotion regulation in pain management among women from labor to three months postpartum: An integrative review. *Pain Management Nursing*, <https://doi.org/10.1016/j.pmn.2021.05.011>
- Tambling, R. R., D’Aniello, C., & Russell, B. S. (2021). Health insurance literacy among caregivers of substance using young adults. *Alcoholism Treatment Quarterly*, 39(4), 505-5016. <https://doi.org/10.1080/07347324.2021.1927926>
- Tambling, R. R., D’Aniello, C., & Russell, B. S. (2021). Financial anxiety among caregiving parents of adult children with a substance use disorder. *The Journal of Financial Therapy*, 12(1), 5. <https://doi.org/10.4148/1944-9771.1255>.
- Tambling, R. R., D’Aniello, C., & Russell, B. S. (2021). Exploratory and confirmatory factor analysis of the Burden Scale for Family Caregivers- Short form. *The Family Journal: Counseling and Therapy for Couples and Families*, <https://doi.org/10.1177/10664807211052478>
- Tambling, R. R., D’Aniello, C., & Russell, B. S. (2021). Mental health literacy: A critical target for narrowing racial disparities in behavioral health. *International Journal of Mental Health and Addiction*, <https://doi.org/10.1007/s11469-021-00694-w>
- Tambling, R., Russell, B. S., & D’Aniello, C. (2021). Where is the family in young adult substance use treatment? The case for systemic family therapy for young adults with Substance Use Disorders. *International Journal of Mental Health and Addiction*, <https://doi.org/10.1007/s11469-020-00471-1>
- \*Collins, C. & Russell, B. S. (2020). Collaborative Language Systems: Engaging high-risk adolescent fathers. *Child and Adolescent Social Work Journal*, 38(3), 255-264. <https://doi.org/10.1007/s10560-020-00676-2>
- D’Aniello, C., Tambling, R., Russell, B. S., \*Smith, M., \*Jones, E., \*Silva, M (2020). Mothers’ experiences of navigating the SUD treatment system with their young adult child. *The American Journal of Family Therapy*, 50(1), 13-32. <https://doi.org/10.1080/01926187.2020.1858368>
- D’Aniello, C., Tambling, R., Russell, B. S., & \*Smith, M. (2020). Predictive factors of college student willingness to alter substance use behavior: An investigation of the role of parental relationships. *Alcoholism Treatment Quarterly*, <https://doi.org/10.1080/07347324.2020.1840944>
- Fish, J., Russell, B. S., Watson, R. J., & Russell, S. (2020). Parent-child relationships and sexual minority youth: Implications for adult alcohol abuse. *Journal of Youth and Adolescence*, 49, 2034-2046. <https://doi.org/10.1007/s10964-020-01299-7>
- \*Hutchison, M., Russell, B. S., \*Carney, L. M., \*Finkelstein-Fox, L., & Park, C. (2020). Collegiate substance use: A tale of differential risk and coping. *Drugs and Alcohol Dependence*, 212, <https://doi.org/10.1016/j.drugalcdep.2020.108038>
- \*Hutchison, M., Russell, B. S., & \*Wink, M. N. (2020). Social-emotional competence trajectories from a school-based child trauma symptom intervention in a disadvantaged community. *Psychology in the Schools*, 57, 1257–1272. <https://doi.org/10.1002/pits.22388>

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**Refereed Publications (continued)**

- Park, C. L., Russell, B. S., Fendrich, M., \*Finkelstein-Fox, L., \*Hutchison, M., & Becker, J. (2020). Americans' Covid-19 stress, coping, and adherence to CDC guidelines. *Journal of General Internal Medicine*, 35, 2296–2303. <https://doi.org/10.1007/s11606-020-05898-9>
- Russell, B. S., \*Collins, C, \*Tomkunas, A. J., & \*Hutchison, M. (2020). Exploring the factor structure of the Child and Youth Resilience Measure (CYRM-12) for young children in a disadvantaged community. *Children and Youth Services Review*  
<https://doi.org/10.1016/j.chilyouth.2020.105746>
- Russell, B. S., Guite, J. W., Homan, K., Tepe, R., & Williams, S. (2020). Complementary parent components for pediatric pain families: Innovations in treatment. *Children*, 7, 4.  
<https://doi.org/10.3390/children7010004>
- Russell, B. S., \*Hutchison, M., Tambling, R., \*Tomkunas, A. J., & \*Horton, A. L. (2020). Initial challenges of caregiving during COVID-19: Caregiver burden, mental health, and the parent-child relationship. *Child Psychiatry and Human Development*, 51(5), 671-682.  
<https://doi.org/10.1007/s10578-020-01037-x>
- Tambling, R. R., Russell, B. S., Park, C. L., Fendrich, M., \*Hutchison, M., \*Horton, A. L., & \*Tomkunas, A. J. (2020). Measuring cumulative stressfulness: Psychometric properties of the COVID-19 Stressors Scale. *Health Education and Behavior*, 48, 20-28.B  
<https://doi.org/10.1177/1090198120979912>
- Tambling, R., \*Tomkunas, A. J., Russell, B. S., \*Hutchison, M., & \*Horton, A. L. (2020). Thematic analysis of parent-child conversations about COVID -19: “Playing it safe”. *Journal of Child & Family Studies*, <https://doi.org/10.1007/s10826-020-01889-w>
- Tambling, R. R., Russell, B. S., \*Tomkunas, A., \*Horton, A., & \*Hutchison, M. (2020, in press). Factors contributing to parents’ psychological and medical help seeking during the COVID-19 global pandemic. *Family & Community Health*, 44, 87-98.  
<https://doi.org/10.1097/FCH.0000000000000298>
- Gordon, M., Russell, B. S., & \*Finan, L. (2019). The influence of parental support and community belonging on socioeconomic status and adolescent substance use over time. *Substance Use and Misuse*, 55, 23–36. <https://doi.org/10.1080/10826084.2019.1654513>
- Russell, B. S., & Guite, J. W. (2019). Parenting impacts from a mindfulness-based intervention for families facing pediatric chronic pain. *Journal of Child & Family Studies*, 29(7), 1861-1872. <https://doi.org/10.1007/s10826-019-01635-x>  
<https://doi.org/10.1007/s10826-019-01635-x>
- Russell, B. S., \*Hutchison, M., & \*Fusco, A. (2019). Emotion regulation outcomes and preliminary feasibility evidence from a mindfulness intervention for adolescent substance use. *Journal of Child and Adolescent Substance Abuse*, 28, 21-31.  
<https://doi.org/10.1080/1067828X.2018.1561577>
- Guite, J. W., Russell, B. S., Homan, K., J., Tepe, R. M., & Williams, S. E. (2018). Parenting in the context of children’s chronic illness: Balancing care and burden. *Children*, 5, 161,  
<https://doi.org/10.3390/children5120161>
- Guite, J., Russell, B. S., \*Pantaleao, A., \*Heller, A. T., \*Donohue, E., Galica, J., Zempsky, W., & Ohanessian, C. M. (2018). Parents as coping coaches for adolescents with chronic pain: Promoting caregiver self-regulation. *Clinical Practice in Pediatric Psychology*, 6(3), 223-237. <http://dx.doi.org/10.1037/cpp0000244>
- \*Lee, S., Park, C., & Russell, B. S. (2018). Does distress tolerance interact with trait anxiety to predict challenge or threat appraisals? *Personality and Individual Differences*, 132, 14-19.



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**Refereed Publications (continued)**

- Park, C., Russell, B. S., & Fendrich, M. (2018). Mind-body approaches to prevention and intervention for young adults' alcohol and other drug use/abuse. *Medicines*, 5, 64-74. <https://doi.org/0.3390/medicines5030064>
- Russell, B. S., \*Lincoln, C. R., & Starkweather, A., (2018). Distress tolerance as a theoretical mechanism of action for the self-management of chronic conditions. *Journal of Holistic Nursing*, <https://doi.org/10.1177/0898010118777327>
- Russell, B. S. & Park, C. L. (2018). The role of emotion regulation in chronic pain self-management. *Topics in Pain Management*, 33, 1-10.
- Elsaesser, C., Russell, B. S., Ohannessian, C. M., & Patton, D. (2017). Parenting in a digital age: Implications for online youth interpersonal violence. *Aggression and Violent Behavior: A Review Journal*, 35, 62-72
- \*Lincoln, C. R., Russell, B. S., \*Racine, L., & \*Donohue, E. (2017). Mother-child interactions and preschoolers' emotion regulation outcomes: Nurturing autonomous emotion regulation. *Journal of Child and Family Studies*, 26(2), 559-573. <https://doi.org/10.1007/s10826-016-0561-z>
- Russell, B. S. & Gordon, M. (2017). Parenting and adolescent substance use: Moderation effects of community engagement in a nationally representative sample. *International Journal of Mental Health and Addiction*, 15(5), 1023-1036. <https://doi.org/10.1007/s11469-017-9728-0>
- Russell, B. S., & \*Lincoln, C. R. (2017). Reducing hostile parenting through computer-mediated parenting education. *Children and Youth Services Review*, 73, 66-73
- Russell, B. S., \*Simpson, E., \*Flannery, K., & Ohannessian, C. M. (2017). The impact of adolescent substance use on family functioning: A mediation of internalizing symptoms. *Youth and Society*, <https://doi.org/10.1177/0044118X16688708>
- Russell, B. S., \*Thompson Heller, A., & \*Hutchison, M. (2017). Differences in adolescent emotion regulation and impulsivity: A group comparison study of school-based recovery students. *Substance Use and Misuse*, 52(1), 1-12
- Ohannessian, C. M., \*Flannery, K. M., \*Simpson, E., & Russell, B.S. (2016). Family functioning and adolescent alcohol use: A moderated mediation analysis. *Journal of Adolescence*, 49, 19-27. <https://doi.org/10.1016/j.adolescence.2016.02.009>
- Russell, B. S., Lee, J. O., Speiker, S., & Oxford, M. L. (2016). Parenting and preschool self-regulation as predictors of social emotional competence in 1st grade. *Journal of Research in Childhood Education*, 30(2), 153-169. <https://doi.org/10.1080/02568543.2016.1143414>
- Russell, B. S., \*Maksut, J., \*Lincoln, C. R., & \*Leland, A. J. (2016). Computer-mediated parenting education: Digital family service provision. *Children and Youth Services Review*, 62, 1-8. <https://doi.org/10.1016/j.childyouth.2016.01.012>
- Baumbauer, K. M., Young, E. E., Starkweather, A. R., Guite, J. W., Russell, B. S., & Manworren, R. C. (2015). Managing chronic pain in special populations with emphasis on pediatric, geriatric, and drug abuser populations. *Medical Clinics of North America*, 100 (1), 183-197. <https://doi.org/10.1016/j.mcna.2015.08.013>
- \*Thompson Heller, A., & Russell, B. S. (2015). The impact of social influence, gender, and non-parental guardianship on adolescents in substance use recovery. *Journal of Human Sciences and Extension*, 3(3), 107-116.
- Russell, B. S., \*Leland, A. J., & Trudeau, J. J. (2015). Social influence on adolescent polysubstance use: The escalation to opioid use. *Substance Use & Misuse*, 50(10), 1325-1331, <https://doi.org/10.3109/10826084.2015.1013128>

\*Denotes student collaborator

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**Refereed Publications (continued)**

- Russell, B. S., & \*Lincoln, C. R. (2015). Distress tolerance and emotion regulation: Promoting maternal mental health across the transition to parenthood. *Parenting: Science & Practice*, 16 (1), 22-35. <https://doi.org/10.1080/15295192.2016.1116893>
- Russell, B. S. (2014). Adolescent maternal lifecourse outcomes: Implications from an integrated mental health services approach. *Journal of Human Sciences and Extension*, 2 (2), 65-83.
- Mittal, R., Russell, B. S., Britner, P. A., & Peake, P. K. (2013). Delay of gratification in two- and three-year-olds: Associations with attachment, personality, and temperament. *Journal of Child and Family Studies*, 22(4), 479-489. <https://doi.org/10.1007/s10826-012-9600-6>
- Russell, B. S., Londhe, R., & Britner, P. A. (2013). Parenting contributions to the delay of gratification in young preschool-aged children. *Journal of Child and Family Studies*, 22 (4), 471-478. <https://doi.org/10.1007/s10826-012-9599-8>
- Russell, B. S., Eaton, L. E., & Peterson-Williams, P. (2012). Intersecting epidemics among pregnant women: Alcohol use, interpersonal violence, and HIV infection in South Africa. *Current HIV/AIDS Reports*, <https://doi.org/10.1007/s11904-012-0145-5>
- Russell, B. S. (2010). Revisiting measurement of Shaken Baby Syndrome awareness. *Child Abuse and Neglect*, 34(9), 671-676.
- Russell, B. S. & Trachtenberg, J. (2010). Interdisciplinary pedagogical applications for concretizing interpersonal violence. *Currents in Teaching and Learning*, 3 (1), 37-42.
- Russell, B. S., Alpert, L., & Trudeau, J. J. (2009). Child abuse prevention during infancy: Intervention implications for caregivers' attitudes towards emotion regulation. *Journal of Human Behavior in the Social Environment*, 19(5), 540-553.
- Russell, B. S., McKinley, A. C., & Trudeau, J. J. (2009). Student perceptions of audio material use in computer mediated psychology courses. *Academic Exchange Quarterly*, 13, 66-70.
- Russell, B. S., Soysa, C. K., Wagoner, M., & Dawson, L. (2008). Teaching prevention on sensitive topics: Key elements and pedagogical techniques. *Journal of Primary Prevention*, 29 (5), 413-433.
- Russell, B. S., Trudeau, J. J., & Britner, P. A. (2008). Intervention type matters in primary prevention of child abuse: Event history analysis results. *Child Abuse & Neglect*, 32, 949-957.
- Russell, B. S., Britner, P. A., & Woolard, J. L. (2007). The promise of primary prevention home visiting programs: A review of potential outcomes. *Journal of Prevention & Intervention in the Community*, 34 (1/2), 129-147.
- Russell, B. S. & Britner, P. A. (2006). Measuring Shaken Baby Syndrome awareness: Preliminary reliability of caregiver attitudes and beliefs. *Journal of Child & Family Studies*, 15, 765-777.

**Papers Under Review**

- \*Carney, L., Park, C. L., Russell, B. S., & Cruess, D. (2021, under review). *Alcohol-related consequences: Factor structure and associations with trait mindfulness and drinking motivations*
- \*Emrich, M., Park, C. L., Russell, B. S., & Fendrich, M. (2022, under review). *Does type of stress exposure matter? A moderation analysis of coping on the differential effects of COVID-19 stressor types predicting mental health*
- \*Finkelstein-Fox, L., Park, C. L., Russell, B. S., Fendrich, M., \*Hutchison, M., & Becker, J. (2021, under review). *How much stress drives action? Predicting health behavior during the Covid-19 pandemic*

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**Papers Under Review (continued)**

- \*Garnsey, C. L., Park, C. L., Russell, B. S., & Fendrich, M. (2022, under review). *Predictors of post-COVID-19 outlook in a national US sample.*
- \*Horton, A. L., Russell, B. S., & Braat, M. (2022, under review). *Emotion regulation and mental health outcomes among bullying victims in middle childhood.*
- \*Horton, A. L., \*Hu, Y., \*Wink, M. N., & Russell, B. S. (2022, under review). *Timing and dosage considerations for after-school program's influence on academic achievement*
- Hynes, K., Russell, B. S., Tambling, R. R., Park, C. L., & Fendrich, M. (2021, under review). *Subjective stress appraisals over time: The evolving structure of the COVID-19 Stressor Scale*
- Hutchison, M., Russell, B. S., Leander, A., Rickles, N., Aguiar, D., Cong, X. S., Harel, O., & Hernandez, A. V. (2022, under review). *Trends and barriers of medication-assisted treatment (MAT) adherence: A systematic review*
- Hutchison, M., Russell, B. S., Starkweather, A., & Gans, K. (2021, under review). *Outcomes from a pilot mindfulness-based intervention with adolescents: A comparison by categories of risk*
- Kim, D., Russell, B. S., Park, C. L., & Fendrich, M. (2022, under review). *The impact of COVID-19 stressors on family caregiving burden: The moderating effects of emotional regulation and family functioning.*
- Park, C. L., Wilt, J., Russell, B. S., Fendrich, M. (2021, revision under review). *Does perceived post-traumatic growth predict actual positive changes?*
- Russell, B. S., D'Aniello, C., & Tambling, R. R., (2022, revision under review). *Internalized stigma moderates linkages between caregiver burden and depression among parents of adults with Substance Use Disorders*
- Russell, B. S., \*Hutchison, M., Park, C. L., Fendrich, M., & Becker, J. (2021, under review). *Posttraumatic stress impacts from COVID-19 for Young Adults: Coping with anxiety during the early months of the pandemic*
- Russell, B. S., \*Hu, Y., \*Horton, A. L., & \*Wink, M. N. (2022, under review). *Intersecting influences on disciplinary absences in K-12 education: Evidence of cumulative disadvantage*
- Russell, B. S., Kim, D., Fendrich, M., & Park, C. L. (2022, under review). *The impact of COVID-19 stress on drinking behaviors: The mediating Effects of emotion dysregulation and coping-driven substance use.*
- Russell, B. S., \*Wink, M. N., & \*Hutchison, M. (2021, under review). *Mixed methods illustration of teachers' trauma-informed attitudes and practice*
- \*Srisopa, P., Lucas, R., Young, E., Zhang, Y., Cong, X. & Russell, B. S. (2022, under review). *Self-management of breast and nipple pain intervention and genetic variations effect on postpartum depressive symptoms: A secondary analysis of a pilot RCT*
- \*Wink, M. N., \*Horton, A. L., \*Hu, Y., & Russell, B. S. (2022, under review). *Promoting positive behavior: Links between participation in 21<sup>st</sup> Century after school programs and disciplinary infractions in school.*

**Book Chapters**

- Stekler, N., Russell, B.S., & Britner, P. A. (2022, under review). Community Strength-Based Interventions. In B. Halpern-Flesher (Ed.) *Encyclopedia of Child and Adolescent Health*. Elsevier

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**Book Chapters (continued)**

- Park, C. L., Russell, B. S., & Fendrich, M. (2021, under review). A longitudinal study of meaning disruption and meaning making early in the Covid-19 pandemic in a national US sample. In J. Voss, P. Russo-Netzer, and S. Schulenberg (Eds.), *'COVID-19 and beyond'*. University Professors Press.
- Lewin, A., Hurtado, A., & Russell, B. S. (2021, in press). Developing an equitable evidence base for family program evaluation. In K. Roy, K. Adamsons, A. Few-Demo, C. Proulx, & C. Shehan (Eds.), *Sourcebook of Family Theory and Research*
- Chafouleas, S., Sanetti, L. & Russell, B. S. (2021). Making the most of collaborative research projects. In R. G. Floyd & T. L. Eckert (Eds.), *Handbook of university and professional careers in school psychology*. New York: Routledge (ISBN 978-036-735-368-1).
- Marvin, R. S., Britner, P. A., & Russell, B. S. (2016). Normative development: The ontogeny of attachment in childhood. In J. Cassidy & P. Shaver (Eds.), *Handbook of attachment: Theory, research, and clinical applications* (3<sup>rd</sup> ed.) (pp. 273-290). New York: The Guilford Press.
- Russell, B.S., & Fetcher-Leggett, M. (2012). Mutual regulation in the context of inconsolable crying: Promoting tolerance to distress. In G. Rossi (Ed.) *Psychology - Selected Papers* (pp. 69-82). Rijeka, Croatia: InTech Publications (ISBN 979-953-307-637-8)

**Non-refereed Publications: Book Reviews, Technical Reports & White Papers**

- Russell, B. S., Britner, P. A., & Woolard, J. L. (2007). The promise of primary prevention home visiting programs: A review of potential outcomes. In J. Galano (Ed.), *The Healthy Families America® initiative: Integrating research, theory and practice* (pp. 129-147). Binghamton, NY: The Haworth Press. [reprinted from *Journal of Prevention & Intervention in the Community*]
- Britner, P.A., Russell, B. S., & Woolard, J. L. (2001). *Primary prevention Home Visiting Programs: A review of child and family development outcomes*. Report prepared for the SE Center for Family Support and Parent Leadership, Clemson University, Clemson, SC.
- \*Collins, C., Robinson, J. L., & Russell, B. S. (2019). EHS/HS semi-annual and Year-end reports. Report prepared for EastConn, Chaplin, CT
- \*Fisk, E. & Russell, B. S. (2019). Connecticut family outcomes Matrix Mid-year report 2019. Report prepared for EastConn, Chaplin, CT
- \*Fisk, E. & Russell, B. S. (2020). Family goal setting in EHS/HS: Mid-year report 2020. Report prepared for EastConn, Chaplin, CT
- \*Fisk, E. & Russell, B. S. (2020). Connecticut family outcomes Matrix Mid-year report 2020. Report prepared for EastConn, Chaplin, CT
- \*Fisk, E. & Russell, B. S. (2021). Connecticut family outcomes End of year Matrix report 2021. Report prepared for EastConn, Chaplin, CT
- \*Hutchison, M. & Russell, B. S. (2019). *Connecticut's 21st Century Community Learning Centers 2017-18 evaluation report*. Report prepared for the CT Department of Education.
- \*Hutchison, M. & Russell, B. S. (2020). *Aspire Connect Thrive – Year 3 Final Project Summary*. Report prepared for The Village for Families and Children Hartford, CT.
- \*Hutchison, M. & Russell, B. S. (2020). *Vernon Prevention Project – Year 4 Final Infographics Summary*. Report prepared for The Village for Families and Children Hartford, CT.
- \*Hutchison, M. & Russell, B. S. (2020). *Vernon Prevention Project – Year 4 Final Report*. Report prepared for The Village for Families and Children Hartford, CT.

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**Non-refereed Publications (continued)**

- \*Hutchison, M. & Russell, B. S. (2020). *Connecticut's 21st Century Community Learning Centers 2018-19 evaluation report*. Report prepared for the CT Department of Education.
- Reece, R. M., Dias, M. S., Barr, M., Russell, B. S., Barr, R. G., & Runyan, D. K. (2010). *Shaken Baby Prevention*. Prepared for the National Center on Shaken Baby Syndrome, Ogden, UT.
- Russell, B. S. (2008). *Family support services: Parents' reports of services used and services missing*. Report prepared for The Plymouth Council in conjunction with United Way of Connecticut, Plymouth, CT.
- Russell, B. S. (2014). *Employer-based Parent Education: An evaluation of computer-mediated services*. Report prepared for Positive Parenting CT, Mansfield, CT.
- Russell, B. S. (2017). *Vernon Prevention Project – Year 1*. Report prepared for The Village for Families and Children Hartford, CT.
- Russell, B. S. (2017). *FatherWorks 6<sup>th</sup> Year Qualitative Evaluation*. Report prepared for The Village for Families and Children Hartford, CT.
- Russell, B. S., & Britner, P. A. (2004). Book Review: The Shaken Baby Syndrome – A Multidisciplinary Approach. *Child Abuse & Neglect*, 28 (12).
- Russell, B. S., Britner, P. A., & Woolard, J. L. (2001). *Popular home visiting programs: A review of curricula*. Report prepared for the Southeastern Center for Family Support and Parent Leadership, Clemson University, Clemson, SC.
- Russell, B. S., & \*Collins, C. (2017). *Aspire Connect Thrive – Year 1*. Report prepared for The Village for Families and Children, Hartford, CT.
- Russell, B. S., \*Collins, C., \*Garganus, E., & \*Hutchison, M. (2018). *Aspire Connect Thrive – Year 2*. Report prepared for The Village for Families and Children Hartford, CT.
- Russell, B. S., \*Goodrich, S., & Britner, P. A. (2011). Preventing child maltreatment and promoting healthy interactions. *National Council on Family Relations Report*, 56(2), F23-4
- Russell, B. S., & \*Hutchison, M. (2018). *Vernon Prevention Project – Year 2*. Report prepared for The Village for Families and Children Hartford, CT.
- Russell, B. S., & \*Hutchison, M. (2019). *Vernon Prevention Project – Year 3*. Report prepared for The Village for Families and Children Hartford, CT.
- Wink M., & Russell, B. S. (2021). *Connecticut's 21st Century Community Learning Centers 2019-20 Evaluation Report*. Final report prepared for the Connecticut State Department of Education, Hartford, CT.

**Invited Conference Proceedings**

- Russell, B. S. (2021, November). *Impact of COVID-19 on family caregivers in the United States: Longitudinal results*. Invited keynote speaker at the annual congress of The European Society of Medicine, Vienna, Austria.
- Russell, B. S. (2016, May). *Emotional Co-regulation in infancy and early childhood*. Keynote address given to the WA Association for Infant Mental Health Seattle, WA
- Russell, B. S. (2015, April). *Supporting new parents' self-regulation: Coping with crying*. Keynote address given to the CT Alliance for Infant Mental Health annual meeting.

**International Conference Presentations**

- \*Hutchison, M., & Russell, B. S. (2018, June). *Parent core beliefs of the self and coping strategies predict well-being*. Poster presented to the World Alliance for Infant Mental Health, Rome, Italy.

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**International Conference Presentations (continued)**

- Martini-Carvell, K., & Russell, B. S. (2014, June). *Building a community service safety net for families at risk for early childhood mental health challenges: Mid-Level Developmental Assessment (MLDA)*. Paper presented to the World Alliance for Infant Mental Health, Edinburgh, UK.
- Moscardino, U., Trevisanut, P., Axia, G., Britner, P. A., & Russell, B. S. (2002, June). *Cry as a sign of social fear*. Poster presented at the 8<sup>th</sup> International Workshop of Infant Cry Research, Padova, Italy.
- \*Reynolds, J., & Russell, B. S. (2018, June). *Emotion regulation mediates the impact of cries on predictions of parental stress*. Poster presented to the World Alliance for Infant Mental Health, Rome, Italy.
- Russell, B. S. (2008, March). *Leaving a crying infant alone: An improbable approach to Shaken Baby Syndrome prevention*. Poster presented at the biennial meetings of the International Society on Infancy Studies, Vancouver, Canada
- Russell, B. S. (2008, March). *Shaken Baby Syndrome measurement needs focus: Discipline, soothing, and potential for injury awareness*. Poster presented at the biennial meetings of the International Society on Infancy Studies, Vancouver, Canada
- Russell, B. S. (2010, March). *Parenting as an antecedent to young preschoolers' self control: Teaching emotion regulation*. Poster presented to the biennial meeting of the International Conference on Infancy Studies, Baltimore, MD
- Russell, B.S. (2011, March). *Infusion of developmental theories: Advancing critical thinking from Freshman to Capstone seminars*. Workshop presented to the biennial meetings of the SRCD Developmental Science Teaching Institute, Montreal, Canada.
- Russell, B. S. (2012, June). *Infant cries as a predictor of emotion regulation difficulty, perceived stress, and distress tolerance*. Paper presented to the biennial meeting of the International Conference on Infancy Studies, Minneapolis, MN.
- Russell, B. S., Blom, M. J. M., Huitron, B., Moscardino, U., Axia, G., Palacios, J., Granger, D., Harkness, S., & Super, C. M. (2004, July). *Culture, cortisol, & postpartum depression: Study of mothers in Italy, the Netherlands, Spain, & United States*. Poster presented at the biennial meetings of the International Society for the Study of Behavioural Development, Ghent, Belgium.
- Russell, B. S. & Fetcher-Leggett, M. (2010, March). *Responding to infants' inconsolable cries: Supporting family coping*. Symposium presented to the biennial meeting of the International Conference on Infancy Studies, Baltimore, MD.
- Russell, B. S. & Fisk, E. (2021, May). *Mixed methods evidence of longitudinal family functioning COVID-19 impacts among low-income families*. Presentation given to the biennial meetings of the World Alliance for Infant Mental Health (Sydney, Australia)
- Russell, B. S., & \*Hutchison, M. (2018, June). *Mothers' and fathers' emotion regulation: Managing distress in the first 24 months*. Paper presented to the World Alliance for Infant Mental Health, Rome, Italy.
- Russell, B. S., \*Hutchison, M., & \*Reynolds, J. (2018, June). *Strengthening the recruitment catchment and rigor of sampling families with infants through online methods*. Poster presented to the World Alliance for Infant Mental Health, Rome, Italy.
- Russell, B. S., & \*Lincoln, C. R. (2014, June). *Critical examination of excessive infant crying classification and its effects on maternal mental health*. Poster presented to the annual meetings of the World Alliance for Infant Mental Health, Edinburgh, UK.

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**International Conference Presentations (continued)**

- Russell, B. S. & Martini-Carvell, K. (2014, June). *Differential longitudinal mental health outcomes for adolescent mothers: Randomized comparison of service delivery models*. Paper presented to the World Alliance for Infant Mental Health, Edinburgh, UK.
- Tambling R. R., D’Aniello, C., & Russell, B. S. (2021). *Mothers’ experiences of parenting a young adult with a substance use disorder: Relational and treatment experiences*. Paper presented to the 2021 Virtual World Family Therapy Congress, virtual.

**National Conference Presentations**

- Adamsons, K. & Russell, B. S. (2021, November). Intergenerational transmission of risk behaviors between fathers and adolescents. In S. Molloy & W. McClean Cooke (Chairs) *Promoting Hope, Happiness, and Health in the Context of Men in Families*. Symposium accepted to the annual meetings of the National Council on Family Relations, virtual
- \*Armenta, K., \*Racine, L., & Russell, B. S. (2016, October). Barriers to parental engagement in their preschooler’s public education. Poster presented to the annual meeting of the New England Psychological Association, Worcester MA
- \*Armetna, K., \*Meier, J., \*Snyder, M., \*Forcier, P., & Russell, B. S. (2016, October). Program engagement implications for high-risk adolescent fathers. Poster presented to the annual meeting of the New England Psychological Association, Worcester MA
- \*Burlingame, C., & Russell, B. S. (2009, October). *The role of parents’ attitudes towards play in the development of preschoolers’ social skills*. Poster presented at the Annual Meeting of the New England Psychological Association, Worcester, MA.
- \*Carney, L. M., Park, C. L., \*Lee, S. Y., \*Finkelstein-Fox, L., \*Sinnott, S., Russell, B. S., & \*Hutchison, M. (2019, March). *Depressive symptoms, drinking to cope, negative alcohol-related consequences, and mindfulness: A moderated mediation model*. Poster presented at the annual meetings of the Society for Behavioral Medicine, Washington DC.
- \*Collins, C., \*Forcier, P., & Russell, B. S. (2017, May). *Engaging high-risk adolescent fathers: A qualitative examination of motivation to change in fatherhood programs*. Poster presented to the annual meeting of the Association for Psychological Sciences, Boston, MA
- \*Collins, C., & Russell, B. S. (2017, November). *Using collaborative language systems to engage high-risk adolescent fathers*. Paper presented to the annual meetings of the National Council on Family Relations, Orlando, FL
- D’Aniello, C., Tambling, R. R., & Russell, B. S. (2021, November). *The internalized stigma of substance abuse scale for caregivers: measuring substance use stigma experienced by caregivers*. Poster accepted to the annual meetings of the National Council on Family Relations, virtual
- D’Aniello, C., Tambling, R. R., & Russell, B. S. (2021, November). *A grounded theory of mothers’ emotional responses related to having a young adult child with a Substance Use Disorder*. Poster accepted to the annual meetings of the National Council on Family Relations, virtual
- \*Dealy, J. A., Russell, B. S., \*Hutchinson, M., LeBoriorous, B., & Pons, S. (2019, March). Improving school attendance and academic performance: The role of multiyear participation in after school programs. Poster presented at the biennial meetings of the Society for Research in Child Development, Baltimore, MD.
- \*Dealy, J. A., Russell, B. S., & \*Hutchison, M. (2019, August). *The mediating effect of coping behaviors on well-being in first time mothers and fathers*. Poster presented at the annual meetings of the American Psychological Association, Chicago, IL.

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**National Conference Presentations (continued)**

- \*Dillon, K., & Russell, B. S. (2019, March). Child narratives: Associations between expressivity in early childhood and mother's supportiveness and emotion regulation. Poster presented at the biennial meetings of the Society for Research in Child Development, Baltimore, MD.
- \*Donohue, E., \*Lincoln, C. R., & Russell, B. S. (2016, November). *Mothers' cognitive reappraisal and emotion regulation predicts positive interactions and child's emotion regulation*. Poster presented to the annual meeting of the National Council on Family Relations, Minneapolis, MN
- \*Donohue, E., & Russell, B. S. (2015, March). *Negativity stays behind my mask: Maternal strategies for scaffolding preschoolers' emotion regulation*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- \*Donohue, E., & Russell, B. S. (2015, March). *Patterns in Maternal Emotion Socialization in Urban Preschool Samples*. Paper presented to the annual meetings of the Eastern Psychological Association, Philadelphia, PA
- \*Donohue, E. B., \*Simpson, E., & Russell, B. S. (2015, October). *When it runs in the family: The role of gender in adolescent perceptions of parental pressure to attend a recovery high school*. Poster presented to the biennial meetings of the Society for the Study of Human Development, Austin, TX
- \*Drazien, A., Russell, B. S., & Britner, P. A. (2005, October). *Gender differences in discipline beliefs*. Poster presented at the annual New England Psychological Association meeting, New Haven, CT.
- Elsaesser, C., Russell, B., & Ohannessian, C. M. (2016, November). *Parenting associations of adolescent interpersonal violence online: A systematic literature review*. Paper presented to the annual meeting of the National Council on Family Relations, Minneapolis, MN
- Fendrich, M., Becker, J., Park., C. L., Russell, B. S., \*Hutchison, M., & \*Finkelstein-Fox, L. (2021, January). *Associations of substance use with non-adherence to Covid-19 public health guidelines in a US sample*. Poster presented to the Annual meeting of the Society for Social Work and Research, virtual.
- Fendrich, M., Becker, J., Park., C. L., Russell, B. S., \*Hutchison, M. (2021, June). *Loneliness, social isolation, and drinking during COVID-19*. Presentation accepted to the annual meetings of the College on Problems of Drug Dependence, virtual.
- Fendrich, M., Park., C. L., Russell, B. S., & Becker, J. (2022, January). *The association of COVID-19 stressors with drug & alcohol misuse early in the pandemic*. Poster presented to the Annual meeting of the Society for Social Work and Research, Washington DC.
- Finkelstein-Fox, L., Park, C. L., Lin, H. J., Russell, B. S., Fendrich, M., \*Hutchison, M., & Becker, J. (2021, April). *Does fear motivate preventive behavior? Cognitive-Affective correlates of social distancing and hygiene guideline adherence early in the COVID-19 pandemic*. Poster submitted to the annual meetings of the Society of Behavioral Medicine, Baltimore, MD.
- Fish, J., Russell, B. S., Watson, R. J., & Russell, S. (2019, November). *Prospective associations between adolescent same-sex attraction, parent-child relationship quality, and alcohol abuse in adulthood*. Paper presented to the annual meeting of the National Council on Family Relations, Ft Worth, TX.
- \*Fisk, E. & Russell, B. S. (2021, April). *Early/Head Start supports and families' experience of COVID-19*. Paper presented to the biennial meetings of the Society for Research in Child Development, virtual.

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**National Conference Presentations (continued)**

- \*Fisk, E., & Russell, B. S. (2021, November). *Experiences of stress among Early/Head Start families during COVID-19*. Poster presented to the annual meetings of the National Council on Family Relations, virtual
- \*Flannery, K., \*Simpson, E., \*Thompson Heller, A., Ohannessian, C. M., & Russell, B. S. (2016, March). *Adolescent depression and heavy alcohol use: Gender differences in social risk-taking behavior*. Poster presented to the biennial meeting of the Society for Research on Adolescence, Baltimore, MD
- \*Galica, V., Guite, J., & Russell, B. S. (2017, April). *The "Parents as Coping Coaches" intervention: Preliminary support for the role of distress tolerance in reducing caregiver burden among parents of adolescents with chronic pain*. Poster presented to the annual meetings of the Society of Pediatric Psychology, Portland, OR.
- Gordon, M. & Russell, B.S. (2016, November). *Community disadvantage and substance use: The role of protective factors*. Poster presented to the annual meeting of the National Council on Family Relations, Minneapolis, MN
- Guite, J. W., \*Galica, V., & Russell, B. S. (May, 2017). *Preliminary Caregiver Burden Findings for a Group Intervention for Parents of Adolescents with Chronic Pain*. Paper presented at the 2017 Pediatric Academic Society Meeting, San Francisco, CA.
- Guite, J., Russell, B. S., \*Pantaleao, A., \*Thompson Heller, A., Galica, V., Zempksy, W., & Ohannessian, C. M. (2017, April). *"Parents as Coping Coaches": Preliminary findings for a group intervention for parents of adolescents with chronic pain*. Poster presented to the annual meetings of the Society of Pediatric Psychology, Portland, OR
- \*Heller, A., \*Hutchison, M., (Romano, K., & Russell, B. S. (2015, March). *The power of home: Guardianship effects for adolescents in school-based substance use recovery*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA.
- \*Horton, A. L., Russell, B. S., \*Elias, H., & Tambling, R. R (2022, August). *After a year of COVID-19: Family experiences in the U.S*. Presentation accepted to the annual meetings of the American Psychological Association, Minneapolis, MN.
- \*Horton A. L., Russell, B. S., & Tambling, R. R. (2021, April). *Longitudinal relationships between parent's perceptions of family conflict and children's emotion regulation outcomes during COVID-19*. Presentation presented to the biennial meetings of the Society for Research in Child Development, virtual.
- \*Horton, A. L., Russell, B. S., & Tambling, R. R. (2021, August). *Parents' perceptions of family conflict and children's mental health during COVID-19*. Poster presented to the annual meetings of the American Psychological Association, virtual.
- \*Horton, A. L., Russell, B. S., Tambling, R. R., & Britner, P. A. (2021, November). *Spill over between family members during covid-19: Family conflict and parent's stress predicting children's emotion regulation outcomes*. In S. Weaver and A. Zvonkovic (Chairs), *Emotion Regulation and Social Support in the Time of Covid-19: Influence of and Impact Upon Individual and Family Processes/Experiences*. Symposium presented to the annual meetings of the National Council on Family Relations, virtual.
- \*Horton, A. L., \*Wink, M. N., \*Hu, Y., & Russell, B. S. (2022, August). *Assessing the 21<sup>st</sup> Century after-school program's influence on standardized test scores*. Presentation accepted to the annual meetings of the American Psychological Association, Minneapolis, MN.

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**National Conference Presentations (continued)**

- \*Hutchison, M., \*Dealy, J. A., Russell, B. S., \*Wink, M. N., \*Rayment, M. (2019, August). *Understanding links between trauma and truancy: Impacts of a socio-emotional competence intervention*. Poster presented at the annual meetings of the American Psychological Association, Chicago, IL.
- \*Hutchison, M., \*Fusco, A., & Russell, B. S. (2016, October). *Emotion regulation among substance abusing adolescents: Results from an intervention study*. Poster presented to the annual meeting of the New England Psychological Association, Worcester, MA
- Hutchison, M. & Russell, B. S. (2021, April). *Online administration of a pilot mindfulness-based intervention for adolescents: Feasibility and acceptability*. Poster accepted to the annual meetings of the Society of Behavioral Medicine, Baltimore, MD.
- Hutchison, M. & Russell, B. S. (2022, March). *Outcomes from a pilot mindfulness based intervention: A comparison by adolescent risk level*. Poster presented to the biennial meetings of the Society for Research in Adolescence, New Orleans, LA.
- \*Hutchison, M. & Russell, B. S. (2021, August). *Promoting Resilience in Self-Management (PRISM) with high-risk adolescents: Examining engagement and treatment barriers to online group facilitation*. Poster presented to the annual meetings of the American Psychological Association, virtual.
- \*Hutchison, M., Russell, B. S., Park, C. L., Fendrich, M., & Becker, J. (2021, April). *The impact of COVID-19 on young adults: Coping with anxiety during the early months of the pandemic*. Paper presented to the annual meetings for the Society for Behavioral Medicine, virtual.
- \*Hutchison, M., Russell, B. S., Park, C. L., & Fendrich, M. (2021, April). *Caregiver's substance use coping predicts mental health outcomes during peak of COVID-19 restrictions*. Presentation accepted to the biennial meetings of the Society for Research in Child Development, virtual.
- \*Hutchison, M., Russell, B. S., & Tambling, R. (2021, April). *Perceived stress and emotion regulation associations with adolescent-parent relationships during COVID-19*. Poster accepted to the biennial meetings of the Society for Research in Child Development, virtual.
- \*Hutchison, M., Russell, B. S., & Tambling, R. R. (2021, April). *Perceived stress and emotion regulation associations with parent-child relationships during COVID-19*. Paper presented to the annual meetings for the Society for Behavioral Medicine, virtual.
- \*Hutchison, M., Russell, B. S., \*Wink, M., Ferguson, D., & \*Dealy, J. (2019, March). *Crafting evidence-based logic models for family engagement in interventions for high-risk youth*. Workshop discussion presented at the biennial meetings of the Society for Research in Child Development, Baltimore, MD
- \*Hutchison, M., \*Simpson, E., Russell, B. S., & Ohannessian, C. M. (2017, May). *Adolescent-parent communication mediates the association between depression and coping style in early adulthood*. Poster presented to the annual meeting of the Association for Psychological Sciences, Boston, MA
- Iacono, G., Loveland, E., Fendrich, M., Russell, B., Park, C., & Hutchinson, M. (2022, January). *Exploring work-related needs of sexual minority (LGBQ+) individuals during COVID-19*. Poster presentation accepted to the Society for Social Work and Research Annual Conference. Washington, DC
- Johnston, T., Russell, B. S., & \*Thompson, A. (2014, June). *Process data from collegiate recovery programs: The who and how*. Paper presented at the annual meetings of the Association for Recovery in Higher Education

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**National Conference Presentations (continued)**

- Johnson, S. K., Russell, B. S., & Martini-Carvell, K. (2012, November). Longitudinal outcomes for adolescent mothers: Randomized evaluation results. Paper presented to the Annual meetings of the National Council on Family Relations, Phoenix, AZ.
- \*Karas, T., \*Donohue, E., & Russell, B. S. (2016, October). *Maternal contributions to Kindergarten's self-regulation: Providing cognitive stimulation and emotion awareness through play*. Poster presented to the annual meeting of the New England Psychological Association, Worcester, MA
- Kim, D., Russell, B. S., Park, C. L., & Fendrich, M. (2022, August). *Emotion regulation and family functioning moderate family caregiver outcomes*. Presentation accepted to the annual meetings of the American Psychological Association, Minneapolis, MN.
- Kim, K., Starkweather, A., Cong, X., Xu, W., Lucas, R., & Russell, B. S. (2019, April). Innovative approaches for advancing pain and symptom self-management research and patient outcomes. Presentation given at the annual meeting of the Eastern Nursing Research Society, Providence, RI.
- \*Leland, A. J., Ketterer, H., & Russell, B. S. (2012, October). Family structure influences on impulsivity in late adolescence. Poster presented to the annual meeting of the New England Psychological Association, Worcester, MA
- \*Leland, A. J., Russell, B. S., \*Jessee, V. (2015, March). *Maternal strategies for promoting preschoolers' self-regulation: Tantrums and self-control*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- \*Lincoln, C. R., \*Leland, A. J., Russell, B. S., & \*Thompson, A. (2013, March). *Adolescent emotion regulation and social influence: Addiction recovery frameworks*. Poster presented to the biannual meeting of the Society for Research on Child Development, Seattle, WA.
- \*Lincoln, C. R., & Russell, B.S. (2010, October). *The correlates of impulse control in adolescent college students*. Poster presented at the annual New England Psychological Association meeting, Colchester, VT.
- Lincoln, C. R., & Russell, B. S. (2017, March). *Practice implications for prevention efforts from an employer-based parent education partnership*. Poster presented to the biennial meetings of the Society for Research in Child Development, Austin, TX.
- \*Lincoln, C. R., Russell, B. S., & \*Jessee, V. (2015, March). *Behavioral correlates of maternal perceptions of emotion lability in preschool children*. Poster presented to the annual meetings of the Eastern Psychological Association, Philadelphia, PA
- \*Lincoln, C. R., Russell, B. S., & Speiker, S. (2015, March). *Maternal influence on the development of emotion regulation in preschool children*. Paper presented to the biannual meetings of the Society for Research in Child Development, Philadelphia PA
- \*Magrath, E., & Russell, B. S. (2019, March). Socialization of self-regulation: Maternal intrusiveness and child compliance. Poster presented at the biennial meetings of the Society for Research in Child Development, Baltimore, MD.
- \*Maksut, J., \*Leland, A. J., & Russell, B. S. (2015, March). *Predicting individuals' parental self-efficacy: Implications for family-centered practice*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- Martini-Carvell, K., & Russell, B. S. (2014, March). *Differential lifecourse outcomes for adolescent mothers based on risk characteristics: Randomized evaluation results*. Poster presented to the Society for Research in Adolescence, Austin, TX.

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**National Conference Presentations (continued)**

- Martini-Carvell, K., Russell, B. S., & Pruett, K. (2014, December). *Mid-level Developmental Assessment: Crafting effective supports and interventions for families facing mental health challenges*. Paper presented to the annual meetings of Zero to Three, FL
- Moscardino, U., Russell, B. S., Axia, G., & Trevisanut, P. (2003, April). *The development of shyness in the first two years of life: A cross-cultural study on Italian and American children*. Poster presented at the biennial meetings of the Society for Research in Child Development, Tampa, FL.
- Ohannessian, C. M., Elsaesser, C., & Russell, B. S. (2016, October). *Parenting and adolescent technology use: An examination of gender differences*. Paper presented to the Technology Use special topics meeting of the Society for Research in Child Development, San Diego, CA.
- \*Racine, L., & Russell, B. S. (2015, October). *Impulsivity outcomes among high risk adolescents receiving special education services: A randomized intervention for students within a Recovery High School Program*. Poster presented to the biennial meetings of the Society for the Study of Human Development, Austin, TX
- \*Romano, K., \*Hutchison, M., Russell, B. S. & \*Thompson, A. (2015, March). *The co-occurring influence of impulsivity, coping and emotion regulation on self-regulation in typical and substance use recovery students*. Poster presented to the biannual meetings of the Society for Research in Child Development, Philadelphia, PA
- Russell, B. S. (2004, May). *Thematic analysis of infant-caregiver emotion regulation strategies*. Poster presented at the annual Developmental Psychobiological Research Group meetings, Estes Park, CO.
- Russell, B. S. (2004, September). *Preventing Shaken Baby Syndrome in the childcare setting*. Training offered at the Manchester Family Child Care Association, South Windsor, CT.
- Russell, B. S. (2006, September). *Intervention type matters: Increasing SBS Awareness*. Presentation given at the Sixth North American Conference on Shaken Baby Syndrome, Park City, Utah.
- Russell, B. S. (2006, September). *Abuse or Accident? Discipline, soothing, and emotion regulation in the case of SBS incidence*. Presentation given at the Sixth North American Conference on Shaken Baby Syndrome, Park City, Utah.
- Russell, B. S. (2007, April). Coping strategies for mitigating threatening emotions and infant care practice beliefs relevant to Shaken Baby Syndrome. In B. S. Russell (Chair), *Emotion Regulation and Shaken Baby Syndrome: Prevention, Research, and Practice*. Symposium presented at the biennial meetings of the Society for Research in Child Development, Boston, MA.
- Russell, B. S. (2008, August). Prevention in the classroom: Pedagogy and results. In B. S. Russell (Chair), *Pedagogical practices on interpersonal violence*. Symposium presented at the annual meeting of the American Psychological Association, Boston, MA
- Russell, B. S. (2012, May). *Psychosocial influence on pediatric pain: Contextual and developmental factors in coping*. Poster presented to the American Pain Society meetings, Honolulu HI.
- Russell, B. S. (2012, October). *Parent's tolerance for distress when facing inconsolable crying*. Paper presented to the North American Conference on Shaken Baby Syndrome, Boston, MA.

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**National Conference Presentations (continued)**

- Russell, B. S. (2014, March). *The role of sociocontextual factors on emotion regulation and executive function for youth in substance use recovery*. In B. S. Russell (Chair) Substance Use & Interventions symposium, presented to the Society for Research in Adolescence, Austin, TX.
- Russell, B. S. (2015, March). *Do parents practice what they teach? Maternal socialization of emotion regulation from birth through the preschool years*. Paper presented to the biannual meetings of the Society for Research in Child Development, Philadelphia PA
- Russell, B. S. (2017, May). Distress Tolerance as a mechanism of action for the prevention of adolescent substance abuse. In C. Park (Chair) *Advances in the Science of Self-Regulation: Mechanisms and Applications*. Symposium presented to the annual meeting of the Association for Psychological Sciences, Boston, MA.
- Russell, B. S. (2018, August). Developmentally informed approaches to promoting parents' resilience. In J. Guite (Chair) *Parenting in the context of children's chronic illness: Balancing care and burden*. Symposium presented to the annual meeting of the American Psychological Association, San Francisco, CA.
- Russell, B. S. (2019, August). *Pediatric pain, parenting, and everyday interactions---innovative approaches for supporting families* (Chair). Symposium presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Russell, B. S. (2021, November). Longitudinal impacts of COVID-19 on parents: Mental health, coping, and posttraumatic stress. In S. Weaver and A. Zvonkovic (Chairs) *Emotion regulation and social support in the time of Covid-19: Influence of and impact upon individual and family processes/experiences*. Symposium accepted to the annual meetings of the National Council on Family Relations, virtual.
- Russell, B. S., & Britner, P. A. (2003, November). *Home visitation as a child maltreatment prevention model*. In T. W. Miller (Chair), Domestic violence: Critical issues for Connecticut practitioners. Symposium presented at the annual meeting of the Connecticut Psychological Association, Westbrook, CT.
- Russell, B.S., \*Casavant, E., \*Leland, A. & Ketterer, H. (2012, May). *Adolescent reactivity, coping, and the role of impulsivity*. Poster presented to the American Pain Society meetings, Honolulu HI.
- Russell, B. S., & Cota-McKinley, A. (2009, October). *Audio materials in computer-mediated classrooms*. Symposium led at the Annual Meeting of the New England Conference on the Teaching of Psychology, Worcester, MA.
- Russell, B. S., D'Aniello, C., & Tambling, R. R. (2021, November). *Unmet need in the context of care: Caregiving burden among parents of individuals seeking substance use treatment*. Poster presented to the annual meetings of the National Council on Family Relations, virtual
- Russell, B. S. & Dawson, L. (2009, April). *Teaching on child abuse and neglect: Balancing rigor with accessibility*. Poster presented at the biennial meetings of the Society for Research on Child Development, Denver, CO.
- Russell, B. S., \*Dealy, J., \*Hutchison, M., Freeberg, T. K., LeBoriorous, B., Pons, S., & Ferguson, D. (2019, March). Responding to the evolving policy climate of de-criminalized truancy: 3 High-risk case study successes. Poster presented at the biennial meetings of the Society for Research in Child Development, Baltimore, MD
- Russell, B. S., & Eaton, L. (2013, August). *Exploring the SAVA (Substance Abuse, Violence, and AIDS) syndemic in pregnant South African women*. Poster presented to the annual meeting of the American Psychological Association, Honolulu, HI.

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**National Conference Presentations (continued)**

- Russell, B. S., Gordon, M., & Watson, R. (2017, November). *Associations between adolescent depression and public health concerns in early adulthood: Family influences for sexual minority youth*. Poster presented to the annual meetings of the National Council on Family Relations, Orlando, FL
- Russell, B. S., & Guite, J. W. (2017, May). *A family-centered intervention for parents of adolescents with chronic pain reduces authoritarian parenting and caregiver burden*. Poster presented at the Association for Psychological Science, Boston, MA.
- Russell, B. S., \*Horton, A. L. \*Tomkunas, L. J., & \*Wink, M. N. (2020, November). *Applying the Whole School, Whole Community, Whole Child (WSCC) model through a developmental lens*. Poster presented to the Annual meeting of the National Council on Family Relations, St. Louis, MO
- Russell, B. S., Huitron, B., Oliva, A., Blom, M. J. M., Harkness, S., & Super, C. M. (2005, April). *Longitudinal links in maternal mood from 3 cultures: Growth curve trends in the Netherlands, Spain, and the United States*. Poster presented at the biennial meetings of the Society for Research in Child Development, Atlanta, GA.
- Russell, B. S. & \*Hutchison, M. (2019, August). Targeting emotion regulation through mindfulness interventions for high risk adolescents. In C. Park, *Meditation Approaches to Substance Use and Pain: Mindfulness and Emotion-Regulation Perspectives*. Symposium presented at the annual meetings of the American Psychological Association, Chicago, IL
- Russell, B. S. & \*Hutchison, M. (2020, August). *Promoting Resilience in Self-Management (PRISM) in high risk samples with concurrent stressors: Examining engagement and treatment barriers*. Poster presented to the Annual meeting of the American Psychological Association, Washington, DC.
- Russell, B. S., \*Hutchison, M., Fendrich, M., & Park, C. L. (2021, April). *PTSD impacts from COVID-19 on family caregivers*. Poster presented to the biennial meetings of the Society for Research in Child Development, virtual.
- Russell, B. S., \*Hutchison, M., Fendrich, M., & Park, C. L. (2021, April). *Short-term impacts of COVID-19 on family caregivers: Stress appraisals, coping, and mental health*. Paper presented to the biennial meetings of the Society for Behavioral Medicine, virtual.
- Russell, B. S., \*Hutchison, M., & Ferguson, D. (2019, March). *Parent-child discrepancies in reports of trauma symptoms: Implications for family engagement in high-risk youth interventions*. Poster presented at the biennial meetings of the Society for Research in Child Development, Baltimore, MD
- Russell, B. S., \*Hutchison, M., \*Wink, M., Freeberg, T. K., Ferguson, D., LeBoriorous, B., & Pons, S. (2019, November). *Leveraging student engagement success from high-risk interventions to inform policy and practice*. Presentation accepted to the annual meeting of the National Council on Family Relations, Ft Worth, TX.
- Russell, B. S., Kim, D., Fendrich, M., & Park, C. L. (2022, August). *Emotion regulation moderates stress and drinking linkage during COVID-19*. Presentation accepted to the annual meetings of the American Psychological Association, Minneapolis, MN.
- Russell, B. S., Korom, D., & Harkness, S (2003, April). *Maternal expectations and experiences during the third trimester through two weeks postpartum*. Poster presented at the biennial meetings of the Society for Research in Child Development, Tampa, FL.
- Russell, B. S., & Leland, A. J.\* (2014, March). *Patterns of escalating polysubstance use in high school recovery programs: The introduction of opioid use*. Poster presented to the Society for Research in Adolescence, Austin, TX.

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**National Conference Presentations (continued)**

- Russell, B. S., Lewin, A., & Hurtado, A. (2019, November). Paper accepted to the annual meeting of Theory Construction and Research Methodology, Ft Worth, TX.
- Russell, B. S., \*Lincoln, C. R., & \*Leland, A. J. (2014, November). *Parenting antecedents of young children's emotion regulation*. Paper presented to the annual meetings of the National Council on Family Relations, Baltimore, MD.
- Russell, B. S., & Mulroy, M. T. (2004, April). *Bites, fights, and spite: Understanding and responding to childhood aggression*. Training offered at the Connecticut School Age Childcare Alliance meetings, Trumbull, CT.
- Russell, B. S., & Mulroy, M. T. (2004, November). *Parent education program evaluation: The curiosities in developing a handbook for community program use*. Presentation for the National Extension Specialist Pre-conference Meetings during the National Council on Family Relations meetings, Orlando, FL.
- Russell, B.S., & \*Racine, L. S. (2011, August). *Convergent evidence for the antecedents of self-control strategies: Parenting correlates in 2 samples*. Poster presented to the annual meetings of the American Psychological Association, Washington, DC.
- Russell, B. S., & Soltano, E., Surgan, S., & Ketterer, H. (2011, August). *Flexibility in faculty expectations: Encountering a range of learning readiness in the undergraduate classroom*. Symposium presented to the annual meetings of the American Psychological Association, Washington, DC.
- Russell, B. S., Surgan, S., Cota-McKinley, A., Mutchler, M., & Kalia, V. (2013, August). *Evidenced-based classroom practices: Empirical support across learning-readiness levels*. Symposium presented to the annual meeting of the American Psychological Association, Honolulu, HI.
- Russell, B. S., Tambling, R. R., & D'Aniello, C. (2021, April). *Parental relationship contributions to the stability of college students' substance use*. Paper presented to the annual meetings for the Society for Behavioral Medicine, virtual.
- Russell, B. S., Tambling, R. R., & D'Aniello, C. (2021, August). *Unmet need in the context of care: distress among parents of individuals with Substance Use Disorders*. Poster presented to the annual meetings of the American Psychological Association, virtual.
- Russell, B. S., Tambling, R. R., \*Horton, A. L., \*Hutchison, M., & \*Tomkunas, A. J. (2021, April). *Prospective contributions to parents' mental health risk during COVID-19: Parent-child closeness predicts exacerbated depression outcomes*. In E. Lefkowitz (Chair) individual and family functioning in vulnerable populations during the COVID-19 pandemic, Symposium presented to the biennial meetings of the Society for Research in Child Development, virtual.
- Russell, B. S. & \*Wink, M. N. (2020, August) *Multimodal qualitative evidence of teachers' trauma sensitivity*. Poster presented to the Annual meeting of the American Psychological Association, Washington, DC.
- Russell, B. S., & \*Wong, A. (2013, April). *Newborns' cries as a predictor of maternal mental health: Self-regulation & tolerance to distress*. Poster presented to the biannual meeting of the Society for Research on Child Development, Seattle, WA.
- \*Simpson, E., \*Flannery, K. M., \*Heller, A., Russell, B., & Ohannessian, C. M. (2015, October). *Just like your father? The role of communication and parent drinking during adolescence in predicting substance use during emerging adulthood*. Poster presented to the biennial conference of the Society for the Study of Emerging Adulthood, Miami, FL.

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**National Conference Presentations (continued)**

- \*Simpson, E., Russell, B. S., \*Flannery, K., & Ohannessian, C. M. (2016, November). *Adolescent substance use, internalizing symptoms, and family functioning*. Paper presented to the annual meeting of the National Council on Family Relations, Minneapolis, MN
- Soltano, E., & Russell, B. S. (2008, October). *Teaching online: Getting started*. Paper given at the Annual New England Conference of Teaching On Psychology, Springfield, MA.
- Tambling, R. R., D'Aniello, C., & Russell, B. S. (2021, November). *Mental health literacy: A critical target for behavioral health service providers*. Poster presented to the annual meetings of the National Council on Family Relations, virtual.
- Tambling, R. R., Russell, B. S., Fendrich, M., & Park, C. L. (2021, November). *Predictors of mental health help-seeking during COVID-19: Social support, emotion regulation and mental health symptoms*. Poster presented to the annual meetings of the National Council on Family Relations, virtual.
- \*Thompson Heller, A., \*Hutchison, M. & Russell, B. S. (2015, October). *Randomized comparison of distress tolerance & emotion regulation outcomes in substance using adolescents*. Poster presented to the biennial meetings of the Society for the Study of Human Development, Austin, TX
- \*Thompson, A. & Russell, B. S. (2012, October). *Perceived stigma and social influence: The interplay of substance use recovery ethos and adolescent development*. Poster presented to the annual meeting of the New England Psychological Association, Worcester, MA.
- \*Thompson, A. & Russell, B. S. (2013, August). *Perceived levels of stigma among adolescents in addiction recovery programs*. Poster presented to the annual meeting of the American Psychological Association, Honolulu, HI.
- \*Thompson Heller, A., Russell, B. S., & Johnston, T. (2015, August). *Considerations for collegiate recovery program development: A descriptive overview of various program models*. Paper presented to the annual meeting of the Higher Education Center for Alcohol and Other Drug Misuse, Columbus, OH
- \*Tomkunas, A., \*Horton, A., \*Hutchison, M., Tambling, R. & Russell, B. S. (2020, September). *Parent perceptions of children's health behaviors and stress during the COVID-19 pandemic*. Poster presented to the annual NVivo conference (virtual conference for 2020).
- \*Tomkunas, L. J., Russell, B. S., & Tambling, R. R. (2021, April). *Longitudinal relationship between early childhood emotion regulation and child-parent relationship outcomes during the COVID-19 pandemic*. Presentation accepted to the biennial meetings of the Society for Research in Child Development, virtual.
- Trevisanut, P., Russell, B. S., Moscardino, U., Axia, G., & Britner, P. A. (2002, March). *Temperament, caregiving, and parental warmth in early infancy: Cross-cultural perspectives*. Poster presented at the Annual meeting of the Eastern Psychological Association, Boston, MA.
- \*Wink, M., \*Hu, Y., \*Horton, A. L., & Russell, B. S. (2022, August). *Promoting positive behavior: Impacts from 21<sup>st</sup> Century after-school programs*. Presentation submitted to the annual meetings of the American Psychological Association, Minneapolis, MN.
- \*Woodruff, T. A., & Russell, B. S. (2019, March). *Referral for further testing: evaluation of EHDI parent handouts in New England*. Poster presented at the annual Early Hearing Detection & Intervention meeting, Chicago, IL.

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**National Conference Presentations (continued)**

Zhang, N., Russell, B. S., Park, C. L., & Fendrich, M. (2021, April). *Parents' prospective associations between mindful emotion regulation, loneliness, and interpersonal appraisal during COVID-19*. Presentation accepted to the biennial meetings of the Society for Research in Child Development, virtual.

**Forthcoming Presentations (pending review)**

Horton, A. L., & Russell, B. S. (2022, November). *The role of perceived stress in longitudinal predictions of adolescent-parent conflict during COVID-19*. Poster accepted to the annual meetings of the National Council on Family Relations, Minneapolis, MN.

Horton, A. L., Russell, B. S., & Tambling, R. R. (2022, November). *Predicting parent's ambiguous loss during the COVID-19 pandemic*. In Derella, O. (Chair), *Pouring from an empty cup: Cognitive-emotional processes impacting caregiver and child adjustment during the COVID-19 pandemic*. Symposium accepted to the annual convention for the Association for Behavioral and Cognitive Therapies, New York.

Hu, Y., & Russell, B. S. (2022, November). *The longitudinal impacts of parents' stress on children: The mediating and moderating effects of family dynamics*. Poster accepted to the annual meetings of the National Council on Family Relations, Minneapolis, MN.

Elias, H., Horton, A., Russell, B. S., Tambling, R. R. (2022, November). *Caregiver burden during COVID-19: Family experiences among partnered vs. non-partnered caregivers*. Poster accepted to the annual meetings of the National Council on Family Relations, Minneapolis, MN.

Fendrich, M. Dubuque-Gallo, C., Russell, B. S., & Park, C. L. (2023, January). *Trauma and craving among those reentering from the criminal justice with Opioid Use Disorder: Treatment implications*. Presentation submitted to the annual meetings for the Society for Social Work and Research, Phoenix, AZ.

**Other Invited Presentations**

Russell, B. S. (2021, February). Informal caregiving during the Covid-19 pandemic: Mental health impacts in the United States. Invited speaker in *The Provision of Unpaid Care During the COVID-19 Pandemic* virtual event, sponsored by The International Long-term Care Policy Network.

Russell, B. S. & Ungemack, J. (2020, October). *Evaluation Research*. Invited presentation at the quarterly meeting of the Community Research Alliance.

Russell, B. S. (2016, March). *Promoting Resilience in Self-Management (PRISM) – Caregivers of chronically ill children*. Invited speaker at CT Children's Medical Center, Pediatric Academic Associates series

Russell, B. S. (2014, April). Understanding adolescent impulsivity, every day stress, and how to cope with the Big Stuff. Invited speaker at the American Association of University Women, sponsored by UConn College of Liberal Arts & Sciences Alumni Relations.

Russell, B. S. (2012-14). *Talking to Teens: Everyday interaction to risk behavior*. Invited workshop to the UConn community, sponsored by UConn Human Resources.

Russell, B. S. (2006, May). *Program evaluation: Design to implementation*. Invited keynote address, annual meeting of the CT Parent Educators Network, Newington, CT.

Russell, B. S. (2005, April). *Increasing Shaken Baby Syndrome Awareness: Longitudinal intervention results*. Invited speaker at Yale University, Department of Pediatrics, New Haven, CT.

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**Other Presentations**

- Russell, B. S., Hutchison, M., Park, C. L., Fendrich, M., & Becker, J. (2020, October). *The impact of COVID-19 on young adults: Coping with anxiety during the early months of the pandemic*. COVID-19 in Focus: A Series of InCHIP Panel Discussions. Becoming an Adult during a Public Health Crisis: COVID-19's Impact on Emerging Adults
- Russell, B. S. (2018, May). *Executive Function*. UConn KIDS outreach series
- Russell, B. S. (2016, February). *Service Learning Frameworks*. UConn Institute for Teaching & Learning Lunchtime Seminar
- Russell, B. S. (2015, March). *Learning Self-Control: Powerful Parenting Practices in Early Childhood*. UConn Waterbury Research Lecture Series
- Russell, B. S. (2015, February). *Developing Effective Service Learning Frameworks*. UConn Institute for Teaching & Learning Lunchtime Seminar
- Russell, B. S. (2014, April). *Service Learning: Teaching & learning when the community is our classroom*. UConn Waterbury Research Lecture Series.
- Russell, B. S. (2013, October). *Early dyadic relationships and the development of self-regulation*. Psychology Department Developmental Division brownbag series.
- Russell, B.S. (2013, October). *Professional development via Service Learning: Human services field experiences*. UConn Institute for Teaching & Learning Lunchtime Seminar
- Russell, B. S. (2011, December). *Community service provision for at-risk families facing developmental delay*. Research presentation given at the CLAS Social Science gathering of the Urban Health and Health Care study group

**Media & Press Presence**

- Aldrich, A. Z. (2020, July 15). Meet the researcher Beth Russell. In UConn Today. <https://today.uconn.edu/2020/07/meet-researcher-beth-russell-human-development-family-sciences/>
- Aldrich, A. Z. (2019, Oct 16). Targeting alcohol abuse with emotion regulation strategies. In UConn Today <https://today.uconn.edu/school-stories/targeting-alcohol-abuse-emotion-regulation-strategies/>
- Best, K. (2019, April 11). Study: after-school programs improve academic outcomes. In UConn Today <https://today.uconn.edu/2019/04/school-programs-improve-academic-outcomes/>
- McBride, J. (2020, Feb 10). Tackling the Opioid crisis with a warmer touch. In UConn Today <https://today.uconn.edu/2020/02/tackling-opioid-crisis-warmer-touch/>
- McBride, J. (2020, May 21). How Americans are coping with COVID-19 stress. In UConn Today <https://today.uconn.edu/2020/06/americans-coping-covid-19-stress/>
- Sirius XM radio (2020, June 8). Interview with Dr. Jonathan Whiteson for the *Rehabilitative Medicine* show on Doctor Radio

**Professional Awards, Affiliations, Certifications, & Fellowships**

- Invited grant ad hoc reviewer (2022); “Connect with Wallonia – Come 2 Wallonia” (C2W) Programme; University of Mons and the University of Namur (Belgium), Marie Skłodowska Curie COFUND post-doctoral fellowship action
- Invited fellowship ad hoc reviewer (2022); “Graduate Women in Science” (GWIS) research fellowship program.
- Editorial board member (2022 – present) for *Child Psychiatry and Human Development*
- Chair, National Council on Family Relations Nov 2021- present; Research & Theory Section
- Invited grant ad hoc reviewer (2021); Canada Research Coordinating Committee (CRCC). New Frontiers in Research Fund, Transformation section review panel

**Dr. Beth Shoshana Russell**  
**Curriculum Vitae**

**Professional Awards, Affiliations, Certifications, & Fellowships (continued)**

UConn Office of Undergraduate Research SURF award recipient with Honors Undergraduate Abby Leander (2021). *Barriers to MAT treatment in CT*.

Invited grant ad hoc reviewer (2019); NIH Center for Scientific Review (CSR); Risk, Prevention and Health Behavior (RPHB) Integrated Review Group; Special Emphasis Panel Chair-elect, National Council on Family Relations 2019-2021; Research & Theory Section Invited grant ad hoc reviewer (2018); Social Sciences and Humanities Research Council of Canada (SSHRC). Insight Grant review panel

Steering Committee member of UConn's Collaboratory on School and Child Health (CSCH; 2018-present)

UConn SHARE Award recipient with Honors Undergraduate student Kasey Macedo (2018). *The PRISM Project: A mindfulness intervention for substance abuse*.

Research Affiliate at UConn's Institute for Collaborations in Health Intervention & Policy (InCHIP; 2011-present)

Research Affiliate at UConn's Center for Applied Research & Human Development (CARHD; 2011-2018)

Research Affiliate at UConn's Institute for Brain and Cognitive Sciences (IBACS; 2016-present)

Treasurer & Secretary, National Council on Family Relations 2015-2017; Research & Theory Section

Associate Editor (2017-present) for the *Journal of Child and Family Studies*

Editorial board member (2011 – present) for *The Journal of Primary Prevention*

Editorial board member (2005-2011) for *Currents in Teaching*

Advisory board member (2005-2012) for *Currents in Teaching*

University of Connecticut Service Learning Facilitator (invited), 2016-2017

Certified in Family Life Education (provisional), National Council on Family Relations, 2014-19

Certified in Culture, Health, and Human Development, University of Connecticut, 2005

Certified in Quantitative Research Methods, University of Connecticut, 2005

University of Connecticut Service Learning Fellow, 2012

International Conference on Infancy Studies (ICIS) 2008 Early Career Fellow

Alden Excellence in Teaching Nominee, 2007 (Worcester State University)

University of Connecticut Doctoral Fellow, 2005

Human Development & Family Studies Summer Fellow, University of Connecticut, 2004

Invited peer reviewer for the *American Journal of Preventive Medicine*

Invited peer reviewer for *Family Process*

Invited peer reviewer for the *Journal of Social and Personal Relationships*

Invited peer reviewer for the *Journal of Early Adolescence*

Invited peer reviewer for the *Journal of Adolescence*

Invited peer reviewer for *Child Development*

Invited peer reviewer for *Developmental Psychology*

Invited peer-reviewer for *Social Science in Medicine*

Invited peer-reviewer for *Infant Mental Health Journal*

Invited peer reviewer for *Psychiatry Research*

Invited peer reviewer for the *Journal of Research in Adolescence*

Invited peer reviewer for *Pediatrics*

Invited peer reviewer for *Child Abuse & Neglect*

Invited peer reviewer for *Family Relations*

Invited peer reviewer for *Children and Youth Services Review*

\*Denotes student collaborator

**Dr. Beth Shoshana Russell**  
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**Professional Awards, Affiliations, Certifications, & Fellowships (continued)**

Invited peer reviewer for *Developmental Psychobiology*  
Invited peer reviewer for *The Journal of Genetic Psychology*  
Invited peer reviewer for the *Scandinavian Journal of Educational Research*  
Invited peer reviewer for the *Journal of Nursing Measurement*  
Invited peer-reviewer for *Personal Relationships*

**Graduate Students (as major advisor)**

Armenta, K. (2014-2016). MA: Culturally competent approaches to intervention  
Donohue, E. (2013-2016). MA: Exploring maternal emotion masking as a contribution to kindergartener's emotion regulation  
Horton, A. (2020-2021) MA: Longitudinal relationships between parent's perceptions of family conflict and children's emotion regulation outcomes during COVID-19  
Horton, A. (2021-2024, expected) PhD: TBD  
Hu, Y. (2021-2025, expected) PhD: TBD  
Hutchison, M. (2017-2021). PhD: Outcomes from an Emotion Regulation Intervention: A Comparison of Levels of Care  
Hutchison, M. (2014-2016). MA: Contextual influences on a coping skills intervention for adolescents in substance use recovery  
Leland, A (2012-2014) MA: Preschoolers' emotion regulation: Maternal perspectives on tantrums and emotion regulation.  
Lincoln C (2014-2018). PhD: Parenting a Child with a Chronic Health Condition: Examining Caregivers' Health Outcomes  
Lincoln, C (2012-2014) MA: Mother-child interactions and emotion regulation in preschool children.  
Maksut, J. (2013-2015) MA: Promoting parental engagement in parenting education programs  
Racine, L. (2013-2016) MA: Parents' Involvement in their preschoolers' public education: Families of children with and without disabilities  
Thompson Heller, A. (2011-2013). MA: Perceived stigma as a function of social influence.  
Thompson Heller, A. (2013-2021). PhD: Collegiate recovery programs and the promotion of psychosocial development and adjustment: A student development perspective

**Graduate Students (as associate advisor)**

Bourne, C. (2013-2015). MA: Professional development needs of early childhood providers: A focus group study  
Dealy, J. PhD (2018-2019). PhD: An evaluation of the Intensive Case Management Program: Reducing the court involvement of high conflict co-parents  
Carney, L. (2019-2020). MA: Alcohol-related consequences: Factor structure and associations with trait mindfulness and drinking motivations  
Carney, L. (2020-2022, expected). PhD: TBD  
Collins, C. (2018-2023, expected). PhD (tentative): Subjective well-being of transition-age foster youth: A qualitative exploration  
Connolly, K. (2020-2023, expected). PhD: TBD  
Fisk, E (2018-2020). MA: Behavioral and Math Skill Development Over Early Childhood  
Fusco, A. (2016-2018). MA: Structural Family Therapy  
Garnsey, C. (2022-23). MA: TBD  
Hanna-Walker, V. (2022-2024, expected). PhD: TBD

\*Denotes student collaborator

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**Graduate Students (as associate advisor; continued)**

- Megan, C. (2017-2018). MA: Infant Mental Health  
Meier, J. (2015-2017) MA: Qualitative perspectives on fatherhood programs  
Molevar, A. (2019-2022, expected) PhD TBD  
Koscul, G. (2019-2022) PhD: Custodial father families: Predictors, dynamics, and influences on adolescents' emotional wellbeing  
Srisopa, P. (2018-2021) PhD: Self -management of postpartum health  
Woodruff, T. A. (2018-2022, expected) PhD. Examining early hearing detection and intervention through the essential services of public health

**Undergraduate Honors (as major advisor)**

- Leander, A. (2020-2022). Undergraduate Thesis: MAT barriers to adherence in CT.  
Macedo, K. (2018-2020). Undergraduate Thesis: Promoting Resilience in Self-Management (PRISM): Adverse Childhood Experiences and Impacts on Emotion Regulation  
Dillon, K. (2016-2018). Undergraduate Thesis: Children's narrative storytelling: Associations between expressivity in early childhood and mother's supportiveness and emotion regulation  
McGrath, E. (2016-2018) Undergraduate Thesis: Emotion regulation in early childhood: the impact of mothers' socialization and gender  
Cuyler, L. (2015-2017). Undergraduate thesis: Cross cultural comparison of shaken baby syndrome awareness  
Forcier, P. (2015-2017) Undergraduate Thesis: Evaluation of parenting education for high-risk fathers: Relationship with a child's mother as an indicator of paternal involvement  
Fusco, A. (2014-2016) Undergraduate Thesis: Comparison of impulsivity, distress tolerance and emotion regulation patterns in substance using adolescents  
Manzucco, G.M. (2014-2016) Undergraduate Thesis: Emotionality and depression of adolescents in recovery  
Hutchison, M. (2013-2014). Undergraduate Thesis: Adolescents in substance use recovery: Patterns in emotion regulation and behavior  
Beaulieu, E. (2012-2013). Undergraduate Thesis: Contextual family factors affecting young children's self-control  
Casavant, E. (2011-2012 Worcester State appointment). Undergraduate Thesis: Impulsivity and coping skills in late adolescence  
Leland, A. (2011-2012, Worcester State appointment). Undergraduate Thesis: Family environment and impulsivity in adolescence  
Steele, S. (2010-2011 Worcester State appointment). Undergraduate Thesis: Single gender-dominated classrooms and student faculty relations.  
Lincoln, C. (2009-2010 Worcester State appointment). Undergraduate Thesis: Impulse control in college students.  
Burlingame, C. (2008-2009 Worcester State appointment). Undergraduate Thesis: Parents' role in the development of preschooler's social skills.  
Amanda Drazien (2004-2005). Discipline styles for parenting young children  
Noeliz Irrizary (2006-2007). Shaken Baby Syndrome measure development  
Gwenn Rietzel (2006-2007). Shaken Baby Syndrome measure development

**Dr. Beth Shoshana Russell**  
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**Independent Study Students**

Graduate students:

Jessica Kaneakua (2012-2013) Parent Education graduate independent study  
Chelsea Bourne (2012-2013) Program Evaluation graduate field placement  
Emily Mattson (2012-2013) Parent Education graduate field placement  
Jessica Maksut (2012-2013) Parent Education graduate field placement  
Kristin van Ness (2012-2013) Parent Education graduate field placement  
Courtney Lincoln (2013-2014) Parent Education graduate research practicum  
Alicia Leland (2013-2014) Parent Education graduate research practicum  
Courtney Lincoln (2014-2015) Child Development teaching practicum  
Klaritza Armenta (2014-2015) Spanish Translation in Child Abuse research practicum  
Anne Heller (2015-2016) Substance Use recovery in early adulthood research practicum  
Courtney Lincoln (2015-2016) Self-Regulation in early childhood research practicum  
Morica Hutchison (2015-2016) Substance Use recovery in early adulthood research practicum  
Emily Simpson (2015-2016) Introduction to Pedagogy  
Lindsay Westburg (2016-2017) Self-control in early childhood research practicum  
Jason Meier (2016-2017) Fathering interventions for at risk men research practicum  
Cassandra Zwarycz (2016-2017) Aspire Connect Thrive: Childhood trauma field placement  
Cora Megan (2016-2017) Aspire Connect Thrive: Childhood trauma field placement  
Morica Hutchison (2017-2018) Promoting Resilience (PRISM) research practicum  
Alexandria Tomkunas (2019-2020). Self-regulation in early childhood research practicum  
Pornpan Srisopa (2019-2020). Emotion regulation and mindfulness independent study  
Veronica Hanna-Walker (2021-2022). Adolescent Development teaching practicum

Undergraduate students:

Christopher Fife (2007-2008). Depression in adolescence  
Jaime Arsenault (2007-2008). Identity development in adolescence  
Ashley Hannan (2007-2008). Body image and relationship satisfaction in late adolescence  
Kerianne Pinto (2008-2009). Media use, relationship satisfaction, and body image in adolescence  
Melinda Lawlor (2009-2010). Family correlates with impulse control in late adolescence  
Aimee Hiesler (2009-2010). Parents' influence on preschoolers' self-control  
Kellie Szerlag (2009-2010). Impulse control in preschoolers.  
Katelyn Grenier (2009-2010). Impulse control in preschoolers.  
Carina Allen-Parkhurst (2009-2010). Parents' influence on preschoolers' self-control  
Meghan Sepuka (2009-2010). Parents' influence on preschoolers' self-control  
Courtney Wallace (2010-2011). Parents' influence on preschoolers' self-control  
Lindsay Campbell (2010-2011). Parents' influence on preschoolers' self-control  
Rachel Sullivan (2010-2011). Impulse control in preschoolers.  
Alicia Leland (2010-2011) Family structure correlates with adolescent impulse control.  
Lauren Racine (2010-2011) Impulse control in preschoolers.  
Alex Salazar (2010-2011) Military post-theater psychological functioning.  
Emily Casavant (2010-2011) Family structure correlates with adolescent impulse control  
Jordan Whipple (2011-2012) Postpartum depression  
Maeve Shea (2011-2012) Adolescent risk behavior  
Leslie Pinto (2011-2012) Self-regulation across the lifespan  
Danielle Rodgers (2011-2012). Self-regulation across the lifespan  
Lindsey Horvath (2012-2013). Program evaluation in parent education service delivery

\*Denotes student collaborator

**Dr. Beth Shoshana Russell**  
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**Independent Study Students (continued)**

Undergraduate students:

Janelle Dixon (2012-2013). M.E.F.I.R.S.T. internship supervision with at-risk youth.  
Chaharrez Wiley (2012-2013). Self-control in preschoolers  
Elizabeth Ribiero (2013-2014). Self-control in preschoolers  
Morica Hutchison (2013-2014). Danbury hospital adolescent clinic internship  
Kaitlin Hill (2014-2015) Certification in Family Life Education field placement  
Katharine Philpott (2014-2015) Certification in Family Life Education field placement  
Nelson Villenauva (2015 - 2016) Introduction to family intervention field placement  
Natasha McKinney (2015-2016) Introduction to family intervention field placement  
Travis Karas (2015-2016) Self-Regulation in Kindergarteners  
Jacklyn Dubois (2015-2016) Certification in Family Life Education field placement  
Kyle Crocetto (2015-2016) Certification in Family Life Education field placement  
Ashley Mills (2015-2016) Certification in Family Life Education field placement  
Cassie Acompora (2015-2016) Certification in Family Life Education field placement  
Nicole Purcell (2015-2016) Certification in Family Life Education field placement  
Alaina Fusco (2015-2016) Certification in Family Life Education field placement  
Emily Riordan (2015-2016) Certification in Family Life Education field placement  
Amy Kostak (2015-2016) Certification in Family Life Education field placement  
Erinn Hines (2015-2016) Certification in Family Life Education field placement  
Jessica Myer (2015-2016) Certification in Family Life Education field placement  
Julia Crespo (2016-2017) Certification in Family Life Education field placement  
Gabriella Lester (2016-2017) Certification in Family Life Education field placement  
Travis Karas (2016-2017) Certification in Family Life Education field placement  
Kyle Crocetto (2016-2017) Measurement development for diverse prevention settings  
Enrica Gabaldon (2016-2017) Self control in early childhood  
Jonathan Bryne (2017-2018) Certification in Family Life Education field placement  
Brooklyn Campagna (2017-2018) Certification in Family Life Education field placement  
Nicholas Christiano (2017-2018) Certification in Family Life Education field placement  
Armani Epps (2017-2018) Certification in Family Life Education field placement  
Sabrina Lappost (2017-2018) Certification in Family Life Education field placement  
Holly Luksic (2017-2018) Certification in Family Life Education field placement  
Denisse Murillo (2017-2018) Certification in Family Life Education field placement  
Kailey Stewart (2017-2018) Certification in Family Life Education field placement  
Sarah Wasilesky (2017-2018) Certification in Family Life Education field placement  
Stephanie Ritchie, (2018-2019). Program evaluation of after school-based youth interventions  
Brianna Rende, (2018-2019). Program evaluation of after school-based youth interventions  
Kelly Carr (2018-2019). Program evaluation of after school-based youth interventions  
Melissa Rayment, (2018-2019). Program evaluation of after school-based youth interventions  
Kasey Macedo (2018-2020). Program evaluation of after school-based youth interventions  
Kasey Macedo (2019-2020). SHARE award, Adverse Childhood Experiences and substance use  
Megan Barrat, (2019-2020). Program evaluation of after school-based youth interventions  
Devyn Bartosiewicz (2019-2020). Program evaluation of after school-based youth interventions  
Megan Braat, (2020-2021): Mindfulness interventions for adolescents & young adults  
Abagial Leander (2020-2021): SURF Award, Barriers to MAT adherence  
Hannah Elias (2021-2022): Program evaluation of after school-based youth interventions

\*Denotes student collaborator

**Dr. Beth Shoshana Russell**  
**Curriculum Vitae**

**Unfunded Research Grant Submissions**

Extramural Proposals:

- National Institute on Drug Abuse (NIDA), R03 mechanism. Pathways of intergenerational transmission of substance use behaviors from parents to adolescent children. In response to PA 20-200 and NOT-DA-20-009. Submitted June 16, 2021. Co-Investigator with PI Adamsons. \$156,225, scored, revised and resubmitted 3/16/2022, unfunded.
- National Institute of Drug Abuse (NIDA), R34 mechanism. *Feasibility and acceptability of Promoting Resilience in Self-Management (PRISM) among families with Substance Use Disorders*. In response to PAR 19-213. Submitted July 2021. Principal Investigator. \$724,500, unfunded
- Administration for Children and Families (ACF), Head Start University Partnership grant. *Mindfulness intervention in Head Start*. Submitted July 6, 2021. Co-Investigator with PI Chazen-Cohen. \$2,030,088, unfunded
- Annie E. Casey Foundation, Elevating Equity grants. *Longitudinal trajectories of parent and adolescent risk behaviors*. Submitted June 7, 2021. Co-Investigator with PI Adamsons. \$171,262.00, unfunded.
- National Institute of Alcohol Abuse and Alcoholism (NIAAA), R01 mechanism. *Cross-Cultural Factors and Mechanisms of the COVID-19 Pandemic Effects on Alcohol use: The U.S. vs. Spain*. In response to NIAAA RFA 21-002. Submitted April 10, 2021. Co-Investigator with PI Dr. Huedo-Medina. \$1,130,239.00, unfunded.
- United Kingdom's Pain Relief Foundation, Prize Studentship Grant mechanism. *How can we support parents to be effective coaches in their child's chronic pain management?* Co-Investigator with PI Caes, £59,985 unfunded.
- Family Process Institute. *The experience of parents with marginalized identities seeking substance use disorder treatment for their young adult child: An examination of health disparities*. Co-PIs D'Aniello, Tambling, & Russell, \$5,000, unfunded
- Office of National Drug Control Policy, subaward on the Combating Opioid Overdose through Community-level Intervention (COOCLI) Initiative. *Year 2: City of Waterbury Warm Hand-Off Program*. 12/2020-11/2021, Subaward Co-Investigator for program evaluation with Dr. Cornman, \$300,000; unfunded
- Justice Community Opioid Innovation Network (JCOIN) Rapid Innovation Grant. *BEING: Mindful Adjunctive Services to Improve Care Outcomes and Access* with Co-PIs Drs. Fendrich and Park, \$109,502, unfunded
- National Institute of Alcohol Abuse and Alcoholism (NIAAA), supplemental funding mechanism. Supplemental support for *Preventing Alcohol escalation in College via Emotion Regulation (PACER)*. In response to COVID-19 related guidance NOT-AA-20-011. Principal Investigator with Co-PIs Drs. Fendrich and Park. \$309,755, unfunded
- Robert Wood Johnson Foundation. Interdisciplinary Research Leaders program. *Identifying and tracking the mechanisms behind the intergenerational transmission of risk behaviors from fathers to children*. 9/1/2020-8/31/2023, Multiple Principal Investigator with Dr. Kari Adamsons, \$336,771; unfunded
- National Center for Complementary and Integrative Health (NCCIH)/National Institute of Drugs and Addiction (NIDA), R33/61 mechanism. *Mindful Yoga to Improve MAT Adherence – The BEING project*. In response to CC NIDA/NIAAA RFA AT-19-006. 2019, Multiple Principal Investigator with Co-PIs Drs. Fendrich and Park. \$4,096,506; unfunded

\*Denotes student collaborator



**Dr. Beth Shoshana Russell**  
**Curriculum Vitae**

**Unfunded Research Grant Submissions**

Extramural Proposals:

- William T. Grant Foundation. Institutional Challenge Grant. *Heeding risk indicators in the school to prison pipeline: Improving outcomes in a high-risk community*. 2018, Principal Investigator. \$650,000; unfunded
- Fairfield County Community Fund. *Comprehensive resource analysis*. 2018, Co-Principal Investigator with Dr. Samuel. \$80,788, unfunded
- National Institute of Nursing Research (NINR), R21 mechanism. *Parents as Coping Coaches (PaCC)*. In response to NINR RFA 18-344. 2018, revised as Principal Investigator with Co-PI Dr. Guite \$474,636; scored, unfunded
- National Institute of Nursing Research (NINR), R21 mechanism. *IPASE-DT*. In response to NINR PA 18-334. 2018, Principal Investigator with Co-PI Dr. Jessica Guite. \$475,424, scored but unfunded; revised as PaCC (see item above)
- National Institute of Drugs and Addiction (NIDA), R34 mechanism. *Mindful Adjunctive Treatments That Effectively Reduce Substance use/abuse(MATTERS)*. In response to NIDA/NIAAA RFP 15-177. 2017, Principal Investigator with Co-PIs Drs. Fendrich and Park. \$698,657, unfunded
- William T. Grant Foundation. Institutional Challenge Grant. 2017, Co-PI with Dr. Sandra Chafouleas. \$619,556; unfunded
- National Institute of Nursing Research (NINR), RO1 mechanism. *Promoting Resilience In Self Management (PRISM): Caregivers of chronically ill children*. In response to NINR RFA 16-003. 2016, Principal Investigator with Co-Is Drs. Starkweather, Guite, and Ohannessian. \$1, 634, 264, scored, unfunded
- National Institute on Alcohol Abuse and Alcoholism (NIAAA), National Institute on Drugs and Addiction (NIDA) RO3 mechanism. *Promoting Emotion Regulation in Substance Abusing Adolescents*. Co-Principal Investigator with Christine Ohannessian, CT Children's Medical Center, 2015 \$141,050, 2015, unfunded
- National Institute on Alcohol Abuse and Alcoholism (NIAAA), RO3 mechanism. *Distress Tolerance Intervention for At-Risk Youth*. 2013, Principal Investigator \$153,903. Unfunded
- USDA/Air Force Family Advocacy Program, sub-award: *Daddy and Me: Enhancing father engagement for Air Force families*. 2012, Principal Investigator \$292,500. Unfunded.

Internal Proposals via competitive applications:

- 2020-2021: *Mental health literacy, stress, and well-being during the COVID-19 pandemic*, \$10,000. UConn Office of the Vice President for Research COVID seed grants. Multiple Principal Investigator with Dr. Tambling, unfunded
- 2020-2021: *Differentiating neurobehavioral patterns of emotion regulation in college students with problematic use of alcohol-only versus alcohol and marijuana*. Brain Institute Research Center seed to support fMRI utilization. Multiple Principal Investigator with Drs. Fendrich and Park, unfunded
- 2019-2021: *Mindful yoga to promote medication assisted treatment: The BEING project*. InCHIP FQHC seed grant. \$15,000, Multiple Principal Investigator with Multiple Principal Investigator Dr. Fendrich and Park, unfunded
- 2018-2019: Self management app for new parents' pain, stress, and infant health. \$50,000. Research Excellence Program, Multiple Principal Investigator with Drs. Cong and Lucas, unfunded

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2017-2018: *Vernon Partnership Project*, \$14,947. UConn Center for Health Intervention & Prevention-Office of Public Engagement Dual-PI seed grant, Principal Investigator with CoPI Chad Williams, unfunded

2013-2014: *Adolescent Distress Tolerance Intervention for At-risk Youth*, \$8,960 University of Connecticut Research Foundation Large Faculty Grant, unfunded